

Atlantis – Part 1

Trance Library File No. 89-19

SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

SOL

AN INTRODUCTION TO THE COUNCIL

by

William Allen LePar

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1945. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

IMPORTANT

TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

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DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

Reincarnation⁽¹⁾

page 31⁽²⁾

Selection # 16⁽³⁾

Reincarnation⁽⁴⁾ was discussed on 80-06-28⁽⁵⁾, the 78th Trance⁽⁶⁾.

The word "reincarnation was first found on page 1235, in line 387⁽⁷⁾.

386⁽⁸⁾

387 ***:⁽⁹⁾ Since we believe in reincarnation, and apparently have experienced death a number
388 of times, why do the majority of us fear death, and why do we not have a conscious
389 awareness of what it is like beyond the veil?

390

391 C:⁽¹⁰⁾ If you have reincarnated then evidently you have not fulfilled or let us say you
392 have not taken advantage of the opportunities available to you while in the material
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The
394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

NOTES

(1) **Title** - This is the topic of the Trance Library File.

(2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.

(3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.

(4) **Key Word** - This is the search word used for this selection.

(5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).

(6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.

(7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.

(8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.

(9) **Questioner** - The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.

(10) **Council** - The symbol **C:** indicates that The Council is speaking.

Atlantis was discussed on 76-04-09, the 19th Trance.

The word “Atlantis” was first found on page 250, line 116.

106 ***: The first one was, What is the significance of drugs whether
107 they be LSD or marijuana in the last days?
108
109 C: This is a question if answered to its fullest would take many
110 hours. To give you somewhat of a condensed idea of what part
111 they play, the drugs whether they be from plant or chemical
112 combination makes no difference, the effect is the same and the
113 purpose is the same. This is a tool which the dark forces in the
114 universe use to cripple those who attempt to walk within the light.
115 This did not start in these times but come from Lemuria, Mu, and
116 Atlantis, right into the present day. Those who inflict their
117 spirit with such damnation are killing themselves first not so
118 much physically as spiritually. For what they are doing is sealing
119 their channel through which the light of God passes. They seal this
120 off. What they actually are doing is turning away from that which
121 created them, attempting to bring in themselves, to themselves
122 through artificial means the development that they would normally
123 get through practicing a Christ-type life. In simpler words they
124 turn their back on the Father and tell Him that they are greater
125 than He. They are saying in essence, "Be damned for I am God,
126 not you." And in doing so they do not damn the Father but they
127 damn themselves, creating for themselves an eternal death. They
128 are the ones, if they continue, will in the very, very end will
129 cease to exist. Listen you who have done such things to your
130 physical. You are using a vehicle that you have created by your
131 God-given powers to destroy the very power that was given to you.
132 All of heaven weeps for the blasphemous deeds that you commit.
133 There is no restitution; there is no forgiving if you go beyond
134 a certain point. Listen to these words and know that you are really
135 and literally killing yourself spiritually. There are many now in

136 the earth plane that have been dead ever since the very beginning,
137 ever since Mu, ever since Lemuria, ever since Atlantis, and they
138 come again and again wandering aimlessly about the face of the earth
139 searching for that part of them that they have destroyed, and in
140 so doing they become as a vampire or a bloodsucker on the
141 rest, for they attach themselves to those who still have the
142 light and the channel open and they attempt to extract that
143 essence from those so that they too may once again live and in
144 so doing those who are on the borderline, those who have encrusted
145 themselves with selfishness are tempted into the same depths
146 that those who feed off of them are already in. Any of you here
147 and we know, we know, who have done such deeds to yourselves, pray
148 extra hard that you have not done more damage than can be
149 corrected, for if you have, your road will be much harder, much
150 harder, and there will be no additional strength given to you to
151 overcome this sin for you have reached the highest possible degree of
152 selfishness and you have no excuse. You cannot reach spirituality
153 with a pill or with a needle or with that which you smoke. You can
154 only reach death. We feel this answers the question sufficiently for
155 this time.

156

157 ***: Thank you.

158

159 C: You are most welcome.

Atlantis was discussed on 77-02-25, the 29th Trance.

The word “Atlantis” was first found on page 413, line 645.

627 ***: Yes, there is another. It has come to our attention that
628 the earth or nature itself is in a, seems to be in an unbalanced
629 condition at the moment. I wonder if there is something that we
630 can do to perhaps help restore the balance through psychic means
631 or through prayer and giving energy or something of that order?

632

633 C: There is nothing from a psychic level or the energy level.
634 The best that the physical can do for those things that are in
635 existence now and those things to come would be to pray. The
636 absence of the positive aspects has brought about these conditions.
637 The negativity that is encompassing the earth now is due to man.
638 Man has started it and there is no way in stopping it now. It will
639 run its full course and the only thing that can help, if you would
640 call it that, would be prayer and the establishment necessary, the
641 foundation necessary for the Second Coming.

642 ***: Thank you, those are all of my questions at the time.

643

644 C: You must understand that the earth has been in existence even
645 before Atlantis. You might say that with the first awareness of
646 Atlantis and to the present day, shall we say, that is the New
647 Testament of the Cosmic Bible. So even before Atlantis and Lemuria and
648 all those that are in the awareness of man, there was an existence
649 that man has long since forgotten. And so now this negativity must be
650 done away with. The animal man has intensified his negativity
651 to the point now where there is no hope. There is no way of
652 stopping what is to come. The only hope lies in that those who
653 are ready should have a place to gather, and that is the job of
654 this small group. This group should sound the trumpet for those
655 who are ready to hear it. Is there anything else?

656

657 ***: Not at the moment, thank you.

658

659 C: You are most welcome.

660

661 ***: Is there anything further then?

662

663 C: In the answers that we gave you, (***) , consider this. The
664 terms in which we used should give you some indication as to the
665 level from which we are coming from. And such phrasing was
666 used specifically for the purpose of attempting to give you a
667 greater understanding. To instill in you a greater awareness of
668 an existence far above those realms that man are aware of and that
669 some men hold so important.

Atlantis was discussed on 77-07-09, the 31st Trance.

The word “Atlantis” was first found on page 456, line 863.

848 ***: The next question. Can you give us an answer as to why
849 there is such an increase in drug use, the lack of morals, and
850 is there a relationship between this and rock music and what
851 will be the eventual outcome pertaining to the young people of
852 the world?
853
854 C: There is most assuredly a definite relationship between
855 the drug culture, the lack of morality, whether it be the social
856 injustices or the physical immoralities that exist, the rock
857 music, these all are related in the respect that this is the
858 last big front that is being moved ahead for those who have turned
859 away from the Divine Light of God. In their desire to, shall we
860 say, recruit new soldiers, they use all diverse means to tantalize
861 and tease the physical. But this is a battle that has been going
862 on for man since the very beginning of Creation and then too, a
863 great upsurge of this in Lemuria, then Atlantis, and now in this
864 time. The most direct link with the past would be that of the
865 continent of Atlantis where in their final days between the good
866 and evil that existed there was a great use of drugs, music
867 similar to that of the rock music of today. That music was,
868 shall we say, more of a form of music that would be electronically
869 reproduced as opposed to actual, the percussion and wind instruments
870 although they were used at that time. That music was used to stir
871 the vibrations of the most base desires in an individual and so it
872 does its job today too as it did then. The drugs, of course, no
873 explanation is needed in that. How it destroys the free will, and
874 the knowing of right and wrong. It is a lazy man's way to
875 spirituality and little does he know that it leads only to the pits
876 of darkness and not to the higher consciousness. Oh, there are some
877 glimpses of, shall we say, expanded consciousness with the drugs,

878 but these are only false hallucinations. These if anything are
879 the combined negativity touching a little bit of the truth only
880 to entice the individual or group of individuals even into less
881 godly states. One must remember negativity is as cunning and as
882 deceitful as one can imagine and even more so. And it is quite
883 that and quite probable that negativity does expand a consciousness
884 to a certain degree only to entice it to fall further, to entice
885 others to become part of it. As the final days approach,
886 naturally more and more of these devices will be used, so that
887 truly the wheat can be sifted from the chaff. So that the willower
888 will have the grain cleaned. And as time goes by you will see an
889 even greater division between those who live a moral life and
890 those who live a physical life. And even so as time goes by there
891 will be most assuredly a greater increase in those that
892 were tied to the negativity of Atlantis and Lemuria. They
893 most assuredly will be as they have been most recently entering
894 into the physical in much greater numbers. The stage is being
895 set for the final battle, and so the forces must align themselves.
896 This on that side and the other on the other side. If one were
897 to wish to raise the vibrations as opposed to bringing them down
898 or stirring the base vibrations as with the rock music, one
899 should be leaning more towards the, what is referred to as,
900 classical music. This would most assuredly help in raising the
901 vibrations. But even in that there are some of the classical
902 works that are very shrewd cover-ups, so in this one would have
903 to be careful. Those that have a drumming sound or, shall we
904 say, a constant underbeat, there one should watch. Very well.

Atlantis was discussed on 77-09-24, the 32nd Trance.

The word “Atlantis” was first found on page 473, line 296.

292 ***: Could you tell me where I knew this group before or members of
293 this group before?

294

295 C: The most closely area that you would be able to relate to is,
296 shall we say, in three periods of Atlantis, in the very earliest
297 period and then in the second period which was immediately preceding
298 the first big disturbance and then in the final days. That was the
299 original meeting, shall we say, in this time with this group.

300 Basically you have all worked together in dealing with the
301 advancement of spirituality, each of you taking, shall we say, side
302 trips into your own pitfalls of darkness but always returning to the
303 original, shall we say, group.

304

305 ***: What did we do wrong during these times or what did we do
306 right?

307

308 C: We would prefer to deal with what was done wrong more than what
309 was done right. Instead of keeping together as a family each decided
310 to break away and venture out, you see. Instead of contributing to all
311 as a unit, each of you in your own time have allowed your own personal
312 selfishness to override what you know is best and deal with your own
313 flirtations, shall we say. We cannot see where there was great damage
314 done to the group because the final outcome has been this, which is a
315 constructive outcome. But we can also see here in the records that
316 much of what was, shall we say, done was totally unnecessary and
317 brought more conflict and dissension in the group than what was
318 required, you see. Now this particular group and those that are to
319 come and those that are now in the Bible Class, you see, are not
320 separate from one another but it is the extension of what goes on
321 here, now we are referring to the Bible Class. All have been together

322 in the same cause before and at many times. Generally accepted for the
323 group, what can be generally accepted for the group, now this is not
324 only all of you here but those in attendance at the Bible Class and
325 those that will come in the future have worked in the very beginning
326 in Atlantis as the carriers of the truth of the one Divine God. And
327 through all of that time and even now up until this time there has
328 always been a handful of the group that has worked in that cause. You
329 see? And so at, shall we say, off-times each of you have come in and
330 gone out, contributed and taken away from the final outcome which is
331 now. We can give one classic example of how one of you went far astray
332 and that was in that particular entity's holding of the truth, used
333 that holding as a, shall we say, selfishness, a self-aggrandizement
334 and thus distorted the truth and led a large segment of entities away
335 from the truth placing that entity's self on a throne. You see?
336 Eventually that group which was led away became so distorted in their
337 belief that they were no longer even halfway working within the Light
338 but were totally negative. Of course, that had to be corrected, and
339 those, some of those have returned and are working on a constructive
340 level now even with this group.

341

342 ***: Is there any physical proof that exists now of our former
343 existence?

344

345 C: Oh yes, yes, yes. Each of you have grave markers in many areas and
346 your names at that time are registered in many town halls or in
347 records, whatever. You see, some of you have been quite active
348 recently. This is because there is the time coming when much must be
349 accomplished in a very short period of time, you see. And some of you
350 have not always maintained the attitude and desires that you should
351 have, thus making it necessary for you to make entrance upon
352 re-entrance. Thank your Father now that you have come into a life
353 situation where you are fully aware of this sort of thing and thus
354 you can now work constructively knowing that it is not necessary to,
355 shall we say, slip and fall and stay but to get back up and continue
356 and that perfection is achieved by or, shall we say, through one's

357 desire to live a more godly life and a more Christ-like life to
358 become a mirror of that divinity, you see, knowing full well that you
359 yourself are but a small spark of that divinity. And but through the
360 Grace Period and the Love of God you would not be given this
361 knowledge to complete that thought process, that attitude and hold it
362 and maintain it so when the time comes that you leave this physical
363 you will be raised up above it never needing to return again. When the
364 time for purification comes, if you all right now, including those in
365 the Bible Class, if you all right now would apply what you are
366 learning, not only in the Bible Class but through these communications
367 none of you will have to return and if you do return it will be a free
368 will choice only to help those others that will need the extra, shall
369 we say, boost or shot in the arm, you see. But there is quite a
370 difference in having to return and returning of your own free choice.

371

372 ***: Thank you.

373 C: You are most welcome. We are quite happy that you did not ask us
374 for names and places, because had you asked we would have said no and
375 that would have been the answer to the question. Your job as is the
376 job of all is to do now and not worry about what you had done in the
377 past. Because as you all are aware of we are not here to pay
378 compliments but we are here to educate and instruct and in so doing
379 we would have to point out the, shall we say, questionable past that
380 all have and in so doing you would see a picture of what you are and
381 what you have been and the possibilities of being that again and it
382 would not be flattering. So we do most assuredly appreciate not
383 being questioned on those lines.

Atlantis was discussed on 77-09-24, the 32nd Trance.

The word “Atlantis” was first found on page 483, line 760.

675 ***: Why did the spirit choose to exist in the physical?

676

677 C: Spirit did not, shall we say, choose to exist. Its own

678 selfishness encrusted itself, entrapped itself in the physical.

679 Because its source of life, its source of existence, it selfishly or,

680 shall we say, for greedy reasons decided to usurp or overextend

681 itself and thus that source of energy was cut off by its own greed

682 and thus it fell into a need for more gross existence. It then

683 became necessary for it to have a container for itself, so it would

684 no longer be dissipated.

685

686 ***: Well, at the time this happened there must have been many, many

687 spirits that became selfish.

688

689 C: To be sure. There is much to be said in the story of the fall of

690 Lucifer. These stories are not fables, but they are an explanation

691 of a division in the heavenly forces at a time.

692

693 ***: Then I take it that all spirits were created at the same time?

694

695 C: More or less, yes.

696

697 ***: Well, are there ever any new spirits being created?

698

699 C: No. "New spirits" are, shall we say, those entities who have not

700 found it necessary to reincarnate as often as, shall we say, the

701 older ones. The older spirits are the lazier, because you cannot

702 just sit on the, shall we say, the outer realms and wait for a choice

703 opportunity. The time now is somewhat different, but you do not just

704 sit and wait or come and go in the material as you choose. There is

705 a definite, shall we say, form of entering and exiting. There is,
706 shall we say, a panel that help you. Now we are using very loose
707 terms here so that it will give you a better idea that you do not
708 just float in and out as you choose. You have done very little to
709 start with even with guidance. How much would have been accomplished
710 if you were all left to your own resources, to your own desires?

711

712 ***: When was the time that the spirit came into the physical and
713 where? What geographical location did the spirit first descend into
714 man?

715

716 C: Time as to when this occurred cannot be stated because it goes
717 beyond, you see, years that are even recordable, that are even
718 recordable. So we cannot give you a time. If you wanted some
719 relationship, then you could say that it would have been, shall we
720 say, in the area that is generally described as the Garden of Eden,
721 but these are, shall we say, points that is a place that is
722 recognized. You must realize that Adam and Eve or life did not start
723 in a place but there is an entrance of life in many places. And
724 since that time till now, shall we say, there has been a definite
725 change in the shape and surfaces of the land. For us to say that
726 life started here or there is absolutely foolish because much of that
727 land is not there now. But there was not a single life that started
728 and then developed the whole earth. You see?

729

730 ***: Is that why we have the different races?

731

732 C: Yes.

733

734 ***: Did man actually descend as Darwinism claims up through the
735 lower animals through ape into man?

736

737 C: Not as such, no.

738

739 ***: Then there is no missing link that they talk about?

740

741 C: No. But man has developed from a crude individual to a refined
742 individual many times. But as far as there actually being a
743 relationship to an animal, no. And this is where those who search
744 out such things have missed, shall we say, the boat. Because if they
745 were to dig deep enough and in the right places, they would find
746 many, many beings that have been developed more or less than what man
747 is now. And this can be, of course, determined by the structure of
748 the body, you see, and by the cavity of the head, you see. So there
749 has not been just a single progress of man, but there have been many
750 going on at the same time in different parts of the world at the same
751 time, and there has been many times when man has raised up to an
752 even greater place than what he is now, only to have abused that
753 higher position and fall to what one would almost term an animal.
754 And what adds much to the confusion is that there was a time when man
755 did in fact experiment with animals and much of the confusion lies in
756 the bits and pieces that are found of those animals, the bits and
757 pieces that have been found, because man did at one time attempt to
758 create human form from animal.

759

760 ***: Was that in Atlantis?

761

762 C: Yes, but Atlantis was not the only one that did that, you see.

763

764 ***: Is that relating to the myths of, like, centaurs?

765

766 C: Yes, but this is, shall we say, this has been elaborated on so
767 that it is more palatable now, you see, but there were in fact
768 animals developed at that time by the dark side that were used solely
769 for sexual purposes to satisfy their masters who were, of course,
770 fully human. So there is where you have that stemming from.

771

772 ***: What kind of a soul would those beings have?

773

774 C: They have no soul. They have only the soul of an animal. They

775 have no soul that is comparable to yours, and those individuals that
776 have, shall we say, blasphemed against creation in that way are
777 certainly still paying for such trespasses.

778

779 ***: I was questioning whether the cloning that is being discussed
780 in today's world. Is that coming through from these, some of these
781 past experiences?

782 C: Certainly, certainly.

783

784 ***: And there would be no soul involved there, would there?

785

786 C: No. These, such things can be used as, shall we say, zombies for
787 negativity. These are not creations of God, these are creations of
788 man and can at the very best be as man determines them to be.

789

790 ***: Then our moral responsibility if we were to destroy a clone,
791 where would we stand?

792

793 C: You will not have that opportunity.

794

795 ***: Thank you. Will you give us any further information at this time
796 regarding the purification of the earth?

797

798 C: It has already started. The problem is most of you have not been
799 wise enough to see it. We will answer one more question and then we
800 will be finished.

Atlantis was discussed on 77-09-24, the 32nd Trance.

The word “Atlantis” was first found on page 484, line 823.

805 ***: Yes, I did. If I may please, I would like to know the karmic
806 bonds that exist between my husband and myself and how they can be
807 dissolved?

808

809 C: Let us speak not in terms of karmic bonds, (***) , but more in
810 terms of what really exists. It would seem here if you thoroughly
811 scrutinize the situation with a very open mind and the sensitivity of
812 your soul, you will see here that you have agreed to uplift a soul
813 or a being or an entity that is not fully able to do it on their own.
814 You have come in with an entity that is far less developed than they
815 should be and it is your job then or your agreed task to raise this
816 entity from, shall we say, two steps below to one step above where
817 you are. Now this is not an easy task because it means eating your
818 own humble pie, and it means being the source, shall we say, of, let
819 us put it this way, it means being the doormat to the rest; but,
820 unfortunately, it would not be wise to, shall we say, move away from
821 the situation because this is a debt that has long been overdue. We
822 could go back now to, shall we say, the end of the very first
823 breaking up of Atlantis, now in that period there when the breaking
824 up process was in, before the final quake. This particular entity
825 that manifests as your husband was then, shall we say, a guinea pig
826 for you in that you, shall we say, tampered with the brains of this
827 individual causing severe lesions that made them as a child; and so we
828 have basically the same situation now as was when that situation
829 ended and so since you have created a child you must tend to that
830 child. Do you understand?

832

833 ***: Yes.

834

835 C: But the final outcome will be more than adequate if one has

836 perseverance.

837

838 ***: Thank you very much.

839

840 C: You are most welcome.

841

842 ***: Is there anything else?

843

844 C: In closing we would like to say this. The time is now at hand

845 when many opportunities are coming your ways, and to be sure, take

846 advantage of them. Bring your abilities into service. Do not let

847 them sit idly by, because you are accredited for what you do in the

848 development of God's Plan and you are also accredited for what you do

849 not.

Atlantis was discussed on 78-04-08, the 42nd Trance.

The word “Atlantis” was first found on page 697, line 177.

169 ***: Also, we had a question, this is referring to the statement
170 about the tampering of nature, or the tampering of the creation of
171 God in unnatural and ungodly ways. Could this have anything to do
172 with the creation of human form from animals that you referred to at
173 one time, or the attempt at such?

174

175 C: This was part of, shall we say, the process then in a grosser
176 state in, shall we say, the mid-time of Mu and then, of course, it
177 was carried into Lemuria and Atlantis and you see certain
178 manifestations of that effort today. The original experience of,
179 shall we say, viewing the carnal pleasures of the animals as the form
180 or the spirit or the soul or the entity became even more gross, the
181 same infatuations then were carried along with the entities' movement
182 away from the Divine Plan so that in the times of Mu and Lemuria and
183 Atlantis there were efforts to, shall we say, interbreed one animal
184 with one another and also to refine certain animals so that they
185 would be, to put it politely, "playmates." Of course, this dealt
186 with the carnal aspects or the sexual aspects. There was also a
187 segment that was interested in developing an animal existence that
188 would be more apt to be classified as slave labor. When this effort
189 was not completely successful, then those in ruling power began to
190 enslave their own kind as you see that exists today in many of the
191 lands of the world.

192

193 ***: I'm afraid I don't understand all the information that you
194 have, that you have given just now, but ...

195

196 C: It is quite simple. There was an effort to, shall we say, breed
197 into certain animals an instinct for burden for doing certain jobs,
198 not only was it an effort to have it an instinctual factor, but also

199 there was an effort to change the physical structure of the animal
200 through breeding and then later on through other processes.
201
202 ***: Thank you.

Atlantis was discussed on 78-06-10, the 46th Trance.

The word “Atlantis” was first found on page 749, line 16.

16 ***: What was the government and civilization like in Atlantis?

17

18 C: In the beginning when the migrations first began to the

19 continent, the form of government or rule was not the same as it was

20 in the end. Basically, when the Sons of Light moved to the

21 continent, they set up a communal situation and the normal structure

22 for the situation was to have one that could channel, shall we say,

23 or was more attuned and then you would have twelve underneath the one

24 and underneath each of the twelve then would be the branches or the

25 extension. Now that was the situation in the communal life style.

26 As we said before, some of the Sons of Darkness migrated along with

27 the Sons of Light and they were usually on the very, shall we say,

28 outskirts of the situation. Of course, there were some that would not

29 come near the communal situation. But there was a mingling of the

30 Sons of Darkness and the Sons of Light in that group that extended

31 from the twelve, and as we said before, the Sons of Light developed

32 the spiritual aspects of the civilization, the cultural aspects of

33 the civilization. They brought the standards to the land. Of

34 course, as time progresses then and more and more begin to occupy the

35 continent, you developed then into a firmer division in the

36 civilization or in the people that had migrated to Atlantis.

37 Naturally, the Sons of Darkness collected very solidly together and

38 those that skirted, shall we say, the communal situation, the Sons of

39 Light, kind of, shall we say, teetered back and forth between the

40 Sons of Darkness and the Sons of Light. As the groups developed and

41 grew stronger, as they multiplied, then you see the Sons of Darkness

42 growing much stronger than the Sons of Light. They became the, shall

43 we say, workers of the material realm, and in so doing they produced

44 in excess of what they needed, regardless of what it was.

45 Immediately they had arms for protection where the Sons of Light did

46 not bother with such things; they moved to the land in peace and so
47 they found the land peaceful. But the Sons of Darkness did not.
48 They did not come to the land in peace so they did not find it
49 peaceful. As time progresses then, the Sons of Darkness set up a
50 system of government that is similar to present day monarchs. Of
51 course, in their strength they overpowered the small communities of
52 the Sons of Light and, shall we say, occupied them. Oh, they were
53 allowed to exist, but they were watched very carefully. They
54 automatically took the position, the Sons of Light, as the priests of
55 their religious belief systems at that time and as the civilization
56 grew, as the population grew, the Sons of Darkness then infiltrated
57 the priesthood, infiltrated the temples and thus they became
58 corrupted and brought about a greater control than by the Sons of
59 Darkness of the masses. By having control of the worshipping system
60 or the temple, they could feed to the masses whatever they wished.
61 Although the Sons of Light were permitted to be figureheads, shall we
62 say, they were manipulated in such ways so that they actually had no
63 control of the situation and consequently then they began to isolate
64 themselves as far as their spiritual beliefs.

65 In the makeup of the governing of the land, it was automatically,
66 shall we say, divided. As this segment moved in here and as that
67 segment moved in there they became what you could refer to as
68 colonies or states or dominions and each having its ruler. The
69 motivating principle in the development of this rule was the Sons of
70 Light. They would have gatherings or meetings on a regular basis in
71 which they would discuss what was necessary for the maintenance of a
72 good spiritual life and a good healthy physical body and so the Sons
73 of Darkness weaved into this same structure their control. Later on,
74 of course, they developed a central king. From time to time during
75 the reigning powers one individual would inherit the throne of a
76 dominion and that individual would not be classified truly as a Son of
77 Darkness. That individual was basically a good person. The
78 difference between that individual and the true Sons of Light and the
79 true Sons of Darkness was that although the individual was basically
80 godly, the individual did not really consciously understand his

81 rightful position. So one could not say that such an individual was
82 either a Son of Darkness or a Son of Light. It would be wisest then
83 to consider that type of individual a good child of God, a good human
84 being and so through all the time that Atlantis existed, from its
85 very beginning to when it climbed to its peak it had a number of
86 rulers that would be beneficial to mankind and a number of rulers
87 that would be detrimental to mankind. Each dominion then was
88 subdivided so that those who had favor of the ruling king would be
89 appointed to those subdivisions and thus the rule was passed then
90 from the monarch on down to those he chose to represent him. As far
91 as civilization goes, there was very little division amongst the
92 people in the very beginning. They were more or less blended
93 together without social divisions but as the land began to prosper,
94 as society began to develop, then we begin to see distinct classes of
95 people. Also, as the Sons of Darkness came to the new continent they
96 brought with them much of their needs and that was a subservient
97 class that through Mu and Lemuria they had created. As they gained
98 control then of Atlantis, this subservient class was increased, and as
99 they gained control then and they developed the class system, those
100 at the very bottom were intermingled with the subservient class.
101 Now, the subservient class was that which they had created that one
102 might consider semi-developed animals. Those creatures that were
103 neither true human nor true animal, but they were more or less, shall
104 we say, monstrosities. They were animals that had been developed to
105 mimic man. Thus one would not consider them true animal nor true
106 man.

107

108 ***: Could you give us a little example of what some of these
109 animals might have looked like?

110

111 C: In the very earliest times of Mu and Lemuria, many of them were
112 almost half-man and half-animal. In other words, that which you
113 consider the centaur would actually have been an animal created for
114 the satisfaction of the sexual desires of those in Mu and Lemuria,
115 you see. By the time Atlantis came around, such animals then as that

116 had been more or less done away with. Oh yes, there were a few of
117 that type here or there, but basically they were, shall we say, a
118 very rare breed. In Atlantis they created animals that were more
119 human looking than animal and could function almost as adequately
120 as a human being. But, of course, they were animal and were without
121 soul.

122

123 ***: How did they do this?

124

125 C: To give some idea of how such things were accomplished, we would
126 have to go back to the very beginning when there existed the ability
127 with each individual, each being, to manipulate through the soul
128 power, through the processes of the mind. In other words, the gifts
129 of the soul or gifts of the spirit, would work through the
130 process of the mind and in the very beginning then such games as
131 controlling the development of the animals through the mental
132 activities, actually through the soul activity, that would be
133 funneled then through the mental activities of the semi-solid being
134 or man. As these activities increased then the semi-solid being or
135 man began to, shall we say, solidify to a greater degree. Now, this
136 gives you a better understanding of the description we gave you of the
137 beginning time, man's proper function and man's improper function in
138 the physical plane. At that time then man was able to produce things
139 simply through the mind. As he began to become more gross, then it
140 was necessary to function this production or productive facet through
141 grosser extensions of the mind, thus the need for mechanical devices
142 came about. Do you understand this?

143

144 ***: Yes.

145

146 C: We hope you do. Very well. This is basically how, shall we say,
147 the technology of Mu developed. So it was the mental expression that
148 created the gadgetries needed and through all this experimentation,
149 all this time, they actually developed for this purpose very advanced
150 systems for tinkering or playing with nature. When the mental

151 faculties became too gross so that the spiritual faculties could no
152 longer manifest properly, then before that avenue was shut down they
153 began to develop tools of their trade. Consequently, they ended with
154 advanced laboratories for playing with creation.

155

156 ***: Is this in reference to cloning?

157

158 C: Well, cloning is quite crude, but given enough time and you will
159 have your Atlantis recur in its highest corrupt state.

160

161 ***: I really don't understand about the mechanics of that but it
162 seems like a dangerous question to ask to me.

163

164 C: If you think we are going to give you the process by which it was
165 done, do not be so foolish. You will have it soon enough. Very well.
166 When the spiritual faculties could no longer function as readily
167 through the mind power and as the physical body became grosser and
168 grosser, then the last effort of the ego was to develop laboratories
169 and instrumentation by which this could be done similar to your
170 cloning process now, but, as we said, the process that you have at
171 the present time is very crude. You are still in the caveman days.
172 Now, these creations of man became their responsibility under Divine
173 Law and any abuse of these creations then man became charged with so
174 he begins to build up karmas that would normally not have existed had
175 he moved to some other avenue of play and self-glorification. These
176 laboratories of creation then were once again re-established in
177 Atlantis, but by this time they had lost their, shall we say, polish.
178 As the abilities of the soul diminish, so do the abilities of the
179 mind diminish so that by that time there had been enough grossness
180 instilled into the whole situation where the creation of a
181 subservient class was quite crude. Then they began to feel that they
182 could turn these animals in more nearly perfect human beings so that
183 for warring purposes they could be better controlled because these
184 subservient creations could not always be depended on; they had to be
185 watched and watched very carefully since basically they were animal

186 and although they had been bred for habit purposes, they still had
187 not perfected an animal that could be completely trained. Many of
188 the subservient animals were bred to look more human than animal and
189 again these were sold to the highest bidder for the satisfaction of
190 personal desires. Those that were, shall we say, less human looking
191 were sold to the buyers for work purposes. Eventually, the lower
192 class people then became intermingled with these creations so that
193 there was a definite blending or merging, that in time it was hard to
194 tell which was which.

195

196 ***: Did these creations have any kind of feelings or emotions, if
197 they didn't have a soul?

198

199 C: Feelings and emotions as YOU understand them that are given life
200 by the fact that you have a soul or you are a spirit, no, but
201 nevertheless, they did have feelings, they did have emotions but not
202 of the same quality as what you have. They experienced pain; they
203 experienced affection; they could give affection; and they could give
204 pain. These were creatures brought into existence by man, not by
205 God, consequently, they were man's charge, they were man's
206 responsibility, and man eventually had to answer for such abnormal
207 creations. In some do-good efforts there had been established
208 laboratories or temples or whatever you wish to call them, whereby
209 these animals could be more completely turned into human beings by
210 raising the conscious factor of that animal so as to make it more
211 human, more spiritual. In other words, it was man's feeble attempt
212 at delivering a soul to these animals, and there was, shall we say, a
213 very firm effort put forth. The other, shall we say, extreme, was
214 that in the time of Mu and Lemuria as the Sons of Darkness reached
215 their ultimate power, they began to take true creations of God, true
216 beings, and create animals out of them. At first through the mental
217 processes in the very beginning they were able to, shall we say,
218 clone a human being into half-human and half-animal. Now, not clone
219 in the normal sense as you have mentioned it, but they attempted to
220 genetically change that being so that upon its birth it was no longer

221 completely human but was part animal physically and so they developed
222 then a strain of beings such as these, and those were very definitely
223 incorporated in these animal beings and so you had a mass then of
224 beings that were similar in appearance yet half, shall we say, were
225 true animal and half were true human beings, true Children of God.
226 Now, this half real human and half animal became the karmic debt of
227 those who created them and so as they passed on then and returned,
228 they returned into those very creatures that they had created. And so
229 then again in Lemuria and in Atlantis, efforts were set forth to
230 correct such situations. Eventually there was enough correction made
231 so that such karmic situations no longer exist today. Unfortunately,
232 it would appear to all of you that possibly such a situation would
233 develop again. One statement to that. Never will it reach the
234 degree that it did before. By that time.... Well, we have given you
235 enough.

236 ***: When you are saying that spirit, man, solidified into the
237 physical form. Did this take place at Mu or into what is Mu?

238

239 C: Yes, yes, (***).

240

241 ***: Anybody have any more questions about that?

242

243 ***: I did wonder how the first ruler was chosen?

244

245 C: In the Sons of Light there is a progression, shall we say, a
246 moving or a giving of position from one to another. In twelve
247 individuals one will naturally stand out, not by, shall we say,
248 necessarily the outward actions, but sometimes by the inner actions,
249 and so with the Sons of Light, all leaders, if you wish to term them
250 that, were chosen by the others. It was a line of succession.

251

252 ***: Thank you.

253

254 C: In the Sons of Darkness, in the very beginning it was who had the
255 greater strength and as, shall we say, one family was established and

256 their strength was situated, then it went to the heirs. There were a
257 number of leaders in Atlantis who were absolutely Sons of Light, now
258 we are making reference to the entire continent of Atlantis. So you
259 see as Atlantis established itself as a civilization and as a
260 continent they had eventually one ruler over all. There were a
261 number of subdivisions, but in those times when one of the Sons of
262 Light had been the ruler of all of Atlantis, their life style had
263 undergone changes in that the thrust for material things would be set
264 aside and there would be a tremendous quest for spiritual things and
265 through this process then we had somewhat of a balancing situation so
266 that the Atlanteans did not move out and conquer the rest of the
267 world. Instead they would move out and try their hand at, shall we
268 say, helping the rest of the world, colonizing and raising the
269 standards of the rest.

Atlantis was discussed on 78-06-10, the 46th Trance.

The word “Atlantis” was first found on page 755, line 299.

298 ***: I have one more question. The pattern that you described for
299 Atlantis, generally speaking, would that apply also to Mu and
300 Lemuria?

301

302 C: Yes, but the basic difference then would be the escalation in what
303 transpired, you see. The cycles as they become more gross, thus
304 bringing about the need for purification, become shorter and much
305 more intense, you see. So what you are able to discover in your
306 present-day history can find its complement in all that has
307 transpired that man does not have recorded in his books.

308

309 ***: Thank you.

310

311 C: You see, where today it was necessary to drop a bomb to kill all
312 those that inhabited a city, back in the times of Mu and Lemuria and
313 part of Atlantis all that was necessary was to focus a crystal. No
314 real destruction. Just a quick death. No after effects. Just an
315 intense heat and a complete deterioration of life. But today you must
316 first learn to destroy and maim in a very gross way with your bombs
317 and with your radiation; then you refine the crystal to what you call
318 the laser. As each destructive wave comes, as each negative wave
319 comes, it brings with it a greater intensity of destruction, of hate,
320 of negativity, of atrocities. The blow is much quicker and much more
321 devastating than before, so back when man was able to kill a thousand
322 people, today he is able to kill a million at a time.

323

324 ***: Did the Atlanteans have trouble with dinosaurs?

325

326 C: Well, that was one of their toys. Oh, they got rid of them.

327

328 ***: With their crystal?

329 C: Part, yes, but the greatest, shall we say, ending to the
330 dinosaurs were the polar changes. The changing of the poles,
331 although you may feel it comes gradually, it does not. There is a
332 building up, of course, but once the poles change it is a traumatic
333 shock. It is an experience that upsets the entire magnetic field of
334 the earth and since you are part of that it can also affect the
335 electromagnetic construction of your being so that, shall we say,
336 time could freeze temporarily and some very unusual things can
337 transpire. Man has not experienced a polar change and God forbid
338 when he does. If you think your bombs can cause havoc, man has not
339 begun to dream yet.

340

341 ***: When you say man has not experienced a polar change, are you
342 referring to present man or present history?

343

344 C: Naturally, naturally. Your little quivering of your axis now is
345 only the build-up because you will not only have instantaneous
346 freezing and raining of ice, you will have instantaneous burning and
347 raining of fire.

348

349 ***: Is this the fire that is spoken of in Revelation?

350

351 C: That is something for you to think about, isn't it?

352

353 ***: Yes, it is.

354

355 C: Very well.

Atlantis was discussed on 78-07-08, the 47th Trance.

The word “Atlantis” was first found on page 778, line 196.

195 ***: All right. Thank you. There is another question. We need
196 something perhaps very interesting about Atlantis, something that
197 would interest or greatly interest people in this particular time
198 period and be catchy, something that again would make them want to
199 buy the article. For instance, a particular artifact may be found, or
200 an invention they had similar to our inventions, something like this.

201

202 C: How would something along the social lines and the social
203 influences be, something that everyone could more closely relate to,
204 instead of something that would only be vaguely interesting to
205 others, to a large group?

206

207 ***: Sure

208

209 C: Then why not use some of the information that we have already
210 given you such as the present rock music, which is a direct
211 descendant of music used not only in Atlantis, but in Mu and Lemuria.
212 This form of music at one time was used to instigate or, shall we
213 say, to excite the very basic drives in man. Consequently, the young
214 people today listening to this horrible noise find themselves taken
215 away from the spiritual aspects of life and brought closer to the
216 physical aspects or the animalistic aspects of life. Much of the
217 drugs used today are quite similar to the drugs used in Mu, Lemuria,
218 and Atlantis to have a, shall we say, instantaneous rise in
219 consciousness which was, of course, foolish, since it turned out to
220 be hallucination more than any true awareness of the different levels
221 of consciousness. On occasion there is a glimpse here or there of a
222 more intense physical awareness which often passes as a spiritual or
223 a conscious awareness.

224 The present efforts at cloning are nothing new, where in Mu and

225 Lemuria, part of the Lemurian experience, much of the cloning was
226 done more from a psychic level or a psychokinetic level which, of
227 course, as time passed the need for, shall we say, extensions of
228 these properties necessitated elaborate laboratories, but the
229 present-day cloning is very crude, compared to what the Lemurian and
230 Mu civilizations had.

231

232 ***: Could a particular clone be used as a second body by someone
233 that could transfer his mind to that body?

234

235 C: No, there are limits in nature and in the divine law. The clone,
236 an artificially created being, now that is one that has been created
237 by man, cannot hold a consciousness or a soul or a spirit as you. Now
238 the clone can be trained similar to an animal, an animal does have
239 a conscious level but not near that which you have, so that there is,
240 shall we say, a mimic situation, but not a true conscious level or a
241 spirit or soul. Now, if you were to take into consideration the
242 latter day uses of the pyramid you would begin to see then where this
243 was attempted. Now, although originally the pyramids were used as a
244 source of power for transportation and what have you, later on they
245 were also used then as a source of or, shall we say, an effort to raise
246 the consciousness of true beings and those half-animal and half-man
247 beings. If you recall when we discussed that, you see, the situation
248 had gotten to the point where there was such a confused mess or such
249 a confused group of beings that the "normal" populace could not tell
250 the true man-animal from the true animal-man. Do you understand?

251

252 ***: Yes.

253

254 C: So as in a, shall we say, moment of despair, now that is those
255 who wished to correct the situation, those who were working on the
256 positive side, attempted to use the pyramid structures and other
257 devices to raise the consciousness or try to instigate or try to
258 implant a soul of some sort into the entire mass, this entire
259 subservient or sub-existing mass. Do you understand?

260

261 ***: Yes.

262

263 ***: No, how could you force a soul into a clone?

264

265 C: You cannot, that is the point. But they had gotten themselves
266 into such a situation that they were not sure which was which, so as,
267 shall we say, a godly effort they just worked with all of them,
268 hoping that if anything could be done that at least they were making
269 an effort.

Atlantis was discussed on 80-08-08, the 80th Trance.

The word “Atlantis” was first found on page 1262, line 627.

[This section came in the middle of a discussion of the Bermuda Triangle. For further discussion of the Bermuda Triangle, see the File – Mysteries of the Universe.]

626 ***: There is a school of thought that that has something to do
627 with the Lost Continent of Atlantis, dealing with pyramids and a
628 crystal. Is there any truth to that?

629

630 C: The crystals are activated more than would normally be since
631 below the surface of the once continent of Atlantis lie those
632 things that have a tendency to cause the disruption in the force
633 field, such as the gravitational force field, the magnetic force
634 field, what have you. One of the instigating factors in the
635 collapse of Atlantis was this that was forming then under the
636 surface of that continent; this is all in preparation for the great
637 change of the axis.

638

639 ***: (***) , do you have anything there?

640

641 ***: When you said, "for the great change of the axis," now would
642 that indicate any change in the axis of rotation or only the shift of
643 the magnetic poles.

644

645 C: The magnetic poles.

646

647 ***: You mean in preparation for the upcoming change or one that
648 has occurred in the past?

649

650 C: The big change is coming.

651

652 ***: Let me ask you if there are other places on the surface of

653 the earth that have similar properties to them?

654

655 C: Yes. Twelve, and they lie in a pattern.

656

657 ***: I have heard it said that the Sargasso Sea is similar. Is
658 that one of them?

659

660 C: The Sargasso Sea is part of the elliptical area that is
661 referred to as the Bermuda Triangle. You will find that all these
662 areas are elliptical in shape. "Bermuda Triangle" has a much more
663 commercial sound to it than the "Bermuda Elliptical Area." There
664 is a natural grid of forces on the globe. There are twelve. They
665 run at the upper part of the sphere and at the lower part of the
666 sphere; so that you can form, shall we say, geometric patterns by
667 connecting them the proper way. This is a very natural condition
668 and cannot really be referred to as phenomena, although man would
669 probably choose to refer to it as a phenomena. These segments or
670 elliptical patterns are or were at one time the magnetic poles of
671 the earth. In the great change time will be definitely suspended
672 and those who are present will be quite aware that time has been
673 suspended. The influences of the heavenly bodies and the workings
674 of those elements under the crust cause the reaction in these
675 elliptical areas. Now, it could possibly be said that these are
676 doorways to other dimensions, but this would be somewhat
677 inaccurate. They are not truly doorways to anything but a
678 refinement, if you wish to use those words, in one's experience or
679 awareness; not necessarily indicating a positive situation, only
680 indicating by the word refinement that there is a change from the
681 gross material to possibly the gross of another dimension that
682 could be influenced by other beings. You see, this all borders on
683 reality and time; everything is related and is connected with all
684 things.

685

686 ***: By other beings are you referring to human beings or beings
687 who are not human beings?

688

689 C: There is no way of really answering that question, because who
690 is to say what a human being is? It is quite possible that you
691 could be frozen in a situation with other human beings; it is quite
692 possible that you could be frozen in a situation with other beings.

693 ***: Yes. All right.

694

695 ***: Can we conclude that at some time these beings will be
696 unfrozen and released from their suspended animation?

697

698 C: Hardly likely would be the safest answer at this present time.

699

700 ***: Would it be prudent then to avoid spots, like traveling
701 through the Bermuda Triangle to avoid being caught up in this
702 frozen state?

703

704 C: No, it is not necessary.

705

706 ***: It is not really a thing to be feared?

707

708 C: No.

709

710 ***: It doesn't have bad consequences?

711

712 C: No, not really. Your spiritual state determines much.

713

714 ***: Will the shifting of the poles take place all of a sudden or
715 will it be a gradual thing?

716

717 C: They are beginning to shift at the present time. In fact they
718 are in the process of change now. Masses are moving in the center
719 of the earth, below the crust that will bring this about. Also,
720 the influences of the heavenly bodies which are drawing these
721 masses from their original position are at work at the present
722 time.

723

724 ***: Thank you.

725

726 C: You are most welcome.

727

728 ***: I was wondering if these changes beneath the earth are part
729 of what is causing Mt. St. Helens to erupt as much as it has?

730

731 C: All these things are related; all these things are related.

Atlantis was discussed on 81-10-17, the 101st Trance.

The word “Atlantis” was first found on page 1563, line 757.

498 ***: When you gave us information concerning the difference
499 between beer and wine, you told us that the beer represented the
500 drink of the Pharaohs, and I believe you mentioned something along
501 the lines of Pharaoh's magicians being able to perform magic acts,
502 and that Moses's acts were coming from our God. How were Pharaoh's
503 magicians able to perform their magical deeds? Where was this
504 ability coming from?

505

506 C: Well, magical acts or illusions are just that, magical acts and
507 illusions, they're sleights of hands, and what have you, dealing either
508 with the ability of an individual to manipulate attention,
509 manipulate objects. Those things that go beyond such efforts then
510 can be utilized by a negative force.

511

512 ***: I'm thinking of the movie the Ten Commandments where it
513 portrayed when Moses turned his rod into the snake and then
514 Pharaoh's magicians or priests were also able to do this. Now, would
515 they have been actually capable of turning a piece of wood into a
516 snake?

517

518 C: Well, we just didn't see the movie.

519

520 (Laughter)

521

522 C: No, all jesting aside, now. Such things are possible.
523 You must realize again that your physical situation is controlled
524 only by your mind. We try to constantly impress upon you how much
525 of nothing there is to all this physical existence that you put so

526 much importance to. It is nothing, absolutely nothing, for any of
527 you to change a stick into a snake. It is absolutely nothing; it
528 is just your desire to do so. It is your willingness to believe
529 that the material manifestation can be manipulated to suit you, for
530 either your spiritual growth or your spiritual decline. So for
531 Moses or for the Pharaoh's priests to play a game of competition
532 with each other, it is nothing. It is nothing, nothing. You find it
533 very hard to accept or to understand because your world today is far
534 too involved with the material manifestation. You think things are too
535 solid, are too real. Back in those days and that has not been too
536 long ago, really as far as time goes, they knew that the material
537 was not as real as it appeared; and it was a matter of either
538 allowing God to work through you to utilize that and prove it or it
539 was of your own power that you did it or of a negative power that you
540 did it. That was the only difference between Pharaoh's priests and
541 Moses; Moses allowed God to utilize him, where the priests used
542 their own powers and in some cases the powers of negativity. Now
543 this is not to say, now mind this and mind this well, this is not
544 to say that Pharaoh was a negative power for in Egypt they did have
545 an understanding of the one God, although we must say their history
546 bounces back and forth like a rubber ball, but Egypt's history is
547 not steeped in negativity, more misunderstanding and political
548 power plays than negativity. So bear in mind that we are not
549 saying that Egypt and its history is negative or evil.

550

551 ***: At the time that Moses and his people were in bondage, was
552 this not negativity or was this all part of a plan?

553

554 C: Well, let us say that our Father did utilize a situation there,
555 but He did not create it, man created it; and so it was out of this
556 inhuman situation that God brought forth His Plan or allowed His
557 Plan to come forth from. You see, our Father only takes advantage
558 of the strength of those who adhere to His Law when they are
559 surrounded by negativity. He glorifies those. So that in that
560 desperate situation those who clung to their God were able to

561 channel great strength, spiritual strength. Very well.

562

563 ***: In your explanation of the magicians being able to turn a
564 staff or a piece of wood into a snake and us being able to do that, if we
565 only realized, does that explain the art of alchemy?

566

567 C: Yes, they all wished to make changes with incantations and what
568 have you, and it is nothing more than convincing yourself you can
569 do it; so if you must go through chants, then you must go through
570 chants.

571

572 ***: Is alchemy a negative type of thing?

573

574 C: Well, when you are dealing with the positive, it is not
575 necessary to stimulate yourself into chant. There are segments of
576 alchemy which definitely worship a negative force, but that does
577 not say that all alchemy is negative. You see, what man can not
578 get to fulfill his greed from God, he will turn to a negative
579 force, so any element of that then is negative; but if you want to
580 change a stone or lead to gold, just change it; there is no need to
581 chant; there is no need to build fires and mix potions and spin
582 lockets and what have you. There is no need for that; you just
583 simply do it; it is that simple; but by going through these rituals
584 you unleash the bounds that you have placed on yourself; you have
585 finally convinced yourself that it can be done; and so you do it;
586 it is simply a mental function, that is all, nothing more. You
587 could mix potions, keel fires, and all this from now till who
588 knows when and it will not accomplish a thing until you are ready
589 to mentally and then it will accomplish; but you could have
590 done it just as easily if you had sat in a chair, looked at the
591 thing, and said, "I want it to be this," and really believe that
592 you could do it. Now, we are not talking about how you are trying
593 to say you believe but what you believe deep within your heart and
594 your soul. There are some who need to convince themselves of their
595 capabilities and so they construct chants or mix potions and

596 chemicals and things like that, dissolve this and dissolve that,
597 very boring, very boring, very time-consuming; it can be done much
598 quicker and much easier just by willing it. Does that answer your
599 question?

600

601 ***: Yes.

602

603 C: There is some, some fun, if we may use those terms, in
604 having to go through all this ritualism to achieve things; it is
605 entertaining, and also when you cannot achieve it, it provides a
606 good excuse or a way out; you didn't have the right formula, you
607 didn't have the right words. Let us remember human nature. Let us
608 remember human nature.

609

610 ***: But is man really wise enough to handle the gift of alchemy,
611 I am thinking of the mythological story of King Midas where
612 everything he touched turned to gold including his very loved
613 daughter?

614

615 C: Well, you know, what man is able to think, man is able to do; and
616 many of these stories that you call stories or tales had their basis
617 in truth. Now, take that into consideration. There are, how shall we
618 put it, natural limitations of your own soul that will refuse to go
619 beyond a certain limit, and also the respect for others at a soul
620 level that will prevent too much unnatural situations to occur or
621 what would be considered unnatural. Do you understand?

622

623 ***: Yes.

624

625 C: Very well.

626

627 ***: The next question comes from a statement that you had made
628 about the effect of beer and that when you had said that the
629 influences that history has on the material can be quite
630 significant at times or the influence that history has on nature in

631 more ways than one, whether it be a material influence or a
632 spiritual influence. We had a question, Does history change the
633 molecular structure of matter?

634

635 C: Oh, it very well can; it very well can. What you deem as holy
636 and pure today, by being worshipped in place of God or by being
637 worshipped with the wrong intention can make it a very dangerous
638 thing, and it can, if enough attention is paid to it, it can become
639 very symbolic, not only symbolic in its normal understanding, but
640 symbolic in a spiritual sense of negative aspects or positive
641 aspects. In other words, for instance, the very thing that you
642 brought up, Pharaoh's drink, which was basically what you know
643 today as a beer, since it was considered a sacred drink and since
644 it was a sacred drink in the sense that it was a worshipping of the
645 human nature, the man nature, the negative nature, to this very day
646 it has a destructive quality on the physical; and those who find
647 themselves drawn to such drink have a direct relationship not only
648 in the present but from the past to those beer drinking societies
649 or beer worshipping societies. So that what you place on something
650 such as the drink of Pharaohs which was used at times in
651 sacrificial celebrations, that intense emotional tie there can make
652 something negative, depending on the intensity of it, and how
653 widespread that is will determine how long that negativity will
654 stick with an object or a combination of objects or a brew or
655 mixture.

656

657 ***: So then the way man uses something can make it good or bad both
658 in the material sense and in the spiritual sense?

659

660 C: Yes, now, hear this and hear this well, now this is not the nature
661 of things, mind you, this is not the nature or the natural, this is
662 not the godly way, but it is man's power that does this. It is
663 the godly power in you that when it is misused can deem something
664 unacceptable in the eyes of God, such as Pharaoh's drink. In those
665 days a Christian would sooner die than bring the Pharaoh's drinks

666 to his lips, and in some cases where the very early people were
667 forced, and this is even prior to Christ, were forced to partake of
668 Pharaoh's brew, they died the moment it touched their lips, because
669 the soul recognized the potency of the negativity and it released
670 immediately. Now, we are not saying that if you drink your beer
671 today, that you are part and parcel of a very negative situation,
672 this is not the case. What remains now is not necessarily the
673 physical or the spiritual darkness that was part of drinking Pharaoh's
674 brew but what is left is the physical damage that it can do to the
675 physical container, and there is a certain character or a certain
676 quality to those individuals who prefer, shall we say, the consumption
677 of your beer. Do you understand?

678

679 ***: I think so, to some degree, yes.

680

681 C: Here, for instance: you, in some of your religions today, take
682 bread and look upon it as Christ. Well, little do you realize that
683 all bread that you take now is a resemblance or a symbol of Christ.
684 Now, do not misunderstand what we are saying. According to the
685 Catholic tradition, that wafer of bread becomes the Body and Blood
686 of Christ; we are not saying that your household bread then that
687 you partake of is the Body of Christ; but you see they are the same
688 thing, but in one situation there is a particular, how shall we put
689 it, form of bread as opposed to the general situation, but
690 nonetheless, the bread has developed, shall we say, how can we put
691 it for clarity, it gives greater sustenance to the physical
692 container to maintain life. Do you understand?

693

694 ***: Yes.

695

696 C: Of course, some of your breads today would not sustain a fly,
697 but we are not speaking along such lines now, so you are going to
698 have to use a little judgment in some of these statements. There
699 are qualities of food and drink involved, and these are things that
700 must be taken into consideration. Do you understand?

701

702 ***: Yes.

703

704 C: So hopefully, none of you will try to get picky over what we
705 are saying about this particular subject, but take it in a
706 broader sense because we are not saying that this is absolutely
707 evil and this is absolutely good and what have you; but we are
708 talking in broader terms. But again, now, what overshadows all
709 things is your own personal free will. Just because we connect
710 your present day beer with its history and Pharaoh's drink or we
711 say its history lies in Pharaoh's drink, that does not mean that
712 everyone who has ever had a taste of beer or who will have a taste
713 of beer in the future is part and parcel of that negativity. Now
714 you must understand that. We suggest that you abstain from beer
715 because of the physical problems that it can cause you, and we do
716 not ask you to abstain from beer because of the spiritual
717 connotation; but in the soul's recall of past experiences a
718 individual from that aspect may have a tendency to drink beer over
719 some other beverage because of the significance that it once had,
720 and in such then that stigmatism is maintained on that particular
721 drink or food, what have you. Do you understand?

722

723 ***: Yes. If I understand from what you are saying then before
724 the Pharaohs drank beer, it was used as worship of the Pharaoh, then
725 the drinking of beer would not have bothered us either physically or
726 spiritually?

727

728 C: Well, the dear Pharaohs were not the first to sip on the brews
729 made from grains, that happens to be your knowledge, but they did
730 not develop that out of the clear blue sky. You see, you cannot
731 separate spiritual growth systems so sharply; one leads into
732 another and into another; and some of these items or ways of
733 worship are brought from one to another, but the Egyptians
734 absolutely did not discover beer or Pharaoh's brew, regardless of
735 what you all may think.

736

737 ***: Then, again, it was man's use of the beer at whatever time
738 that made it harmful?

739

740 C: You may put it in those terms, yes. It would be much simpler
741 than trying to go into a detailed explanation.

742

743 ***: (***) had a question associated to this. What made beer
744 opposite to the wine, the Blood of Christ?

745

746 C: Mercy, such a question. Well, you must go back, you must go
747 back to the very beginning of Mu, if you want an explanation for
748 that. Simply put without getting too involved that it was, in the
749 very beginning when life was meant to be very natural and easy,
750 free-flowing, full of abundance and lack of work and hardship and
751 suffering, juices from fruits were readily available and without
752 much work, and so this was drunk then in a spirit of love and joy,
753 in adoration of the Love of God or the bountifulness of God the
754 Father, and so the fruit juices, the natural fruit juices always
755 became a celebration of the joy, the Spirit of God, the Love of
756 God, and this has weaved itself all through man's history, from Mu
757 to Lemuria to Atlantis to your present world today, and it has
758 always been offered up to the loving joyful God, to the God of
759 bounty, to the God of forgiveness, to the God of love, to the One
760 God. And so wine then became very symbolic of God's full
761 abundance, His Love, and His connection with you, His energies that
762 give you the physical life to redevelop your spiritual situation,
763 your spiritual place with God the Father; where beer or Pharaoh's
764 brew or those brews made from grains took great work to develop for
765 they were not drinkable safely from the grain itself, from the
766 squeezing of the grain, but needed great work in tillage or toiling
767 in developing into a drinkable drink. Do you see the difference?
768 The grapes, the wines, the nectars, were had very simply by picking
769 the fruit and squeezing it in the hand, and you had a drink, where
770 grains had to be tilled and grown and what have you.

Atlantis was discussed on 82-02-21, the 102nd Trance.

The word “Atlantis” was first found on page 1589, line 615.

614 ***: In a related line, I have attempted to make some maps of Mu,
615 Lemuria, and Atlantis, and I will confess that there was a lot of
616 guesswork involved in trying to make these charts, and I would like
617 to ask a few questions. In my first map, I found that the shape of
618 Mu was strictly a guess.

619

620 C: May we please?

621

622 ***: Yes.

623

624 C: It would be virtually impossible to be able to make replicas of
625 those continents, because you are not dealing with the same poles
626 as you have now, and also, we really hate to say this, your earth
627 was not quite the same shape that it is now. Now please, do not get
628 too excited with that statement. Simply explained, as masses
629 cool and are spun, there are changes that take place. Your earth
630 was, shall we say, not quite as ball shaped as it is now. It was a
631 slight bit flatter because of the greater, how shall we put it,
632 liquidness of its inner being and as time goes by, this begins to
633 solidify and does not hold its flatter shape but because of the
634 mass, solidified mass, it begins to disperse more evenly and in a
635 more circular ball shape, so the actual positions are not
636 important. An effort, even crude, from our descriptions would
637 suffice. Also, even if you could specifically pinpoint those
638 continents, they were in a state of motion that is far greater
639 than the motion of your continents or plates today, consequently,
640 they were ever changing even to a greater degree. Instead of
641 moving feet per year, you are talking of miles per year, so you
642 see, it is quite a different situation, so although your
643 drawings may be accurate for one time period, in a very short

644 period of time they become inaccurate. Do you understand?

645

646 ***: Yes.

647

648 C: So worry not. Whatever effort is sufficient.

Atlantis was discussed on 82-03-28, the 104th Trance.

The word “Atlantis” was first found on page 1631, line 423.

20 ***: Our first question is, Did man enter into the physical on
21 any other land mass other than Mu, and if so, why in other places?
22

23 C: Most assuredly, souls did enter into the earth plane or the
24 material manifestation on other land masses. Now, the
25 concentration of souls, mind you, the concentration of souls was in
26 the land of Mu. Very well.

27
28 ***: If they did come into other places, other land masses on the
29 face of the earth, and Mu was the power at the time, why did they
30 come in, was it their choosing or was it their place to start from
31 some problems or lack of problems they had to pass on where they
32 came in?

33
34 C: Remember the element of free will?

35
36 ***: Yes.

37
38 C: Very well. As souls begin to utilize the solidness of the
39 material manifestation and its potential, many souls agreed to be
40 active in a particular area because of their relationship with the
41 other souls. Now, it was not predestined that Mu should be the
42 first center of physical activity. Since the element of free will
43 is always the first principle in your activities and in your
44 growth, then others chose to enter in at other places, either
45 because they had a relationship with souls, other souls, and chose
46 to be a community unto their own, or for whatever reason. It would
47 hardly seem natural, don't you think, that all souls would be in
48 such agreement as to only utilize a small portion of the earth at
49 that time?

50

51 ***: So there were other things that souls saw of value or things
52 that they could use for their own benefit in other places that
53 seemed more appealing to them than what was available at Mu?

54

55 C: Most assuredly, most assuredly. Here may be a key for you in
56 understanding why some souls would isolate themselves from the
57 mainstream. There have been some souls who first became infatuated
58 with the material manifestation during that particular time when it
59 was not nearly as dense as it is today and learned their lesson
60 with, shall we say, one or two activities or experiences and
61 achieve the correction and therefore did not have a need to
62 re-enter the material manifestation. Those souls usually paired
63 together or moved together as a group; paired not in the sense of
64 two. Do you understand?

65

66 ***: Yes.

67

68 C: And those souls, of course, by their activity showing that
69 they were somewhat more attuned spiritually, wiser spiritually, had
70 the foresight to keep a distance from the main body and thus they
71 entered in fragmented areas or isolated areas of the material
72 continents at that time; did what was necessary to overcome their
73 condition and moved out of the material manifestation on a
74 permanent basis. They saw the possibility of being further
75 corrupted by joining in the mass migration in areas like Mu. Do
76 you understand?

77

78 ***: Yes, I am pretty sure.

79

80 C: What is it that you are not sure of?

81

82 ***: I am thinking back to when we first started, I guess I am
83 looking at it from our terms, that Mu was a very good place, or the
84 people in it were good and it slowly got corrupted. At the same

85 time though these other souls came in, eventually they were better
86 off because they chose to go in small groups in different areas and
87 work with a smaller amount of souls to return home.

88

89 C: Basically, that is what transpired. Now, you must remember
90 that Mu may have been a better place for that degree of material
91 density; now this is an element that must be taken into
92 consideration; it may have been of a higher quality of
93 spiritualness to the degree of material density, but that does not
94 mean that it was truly a high degree of spirituality; for the
95 decline in the spiritual state to the very dense material state in
96 Mu was very quick, even unto your understanding of time. Those souls
97 who populated areas here and there around the land masses at the
98 same time, populated them in the sense of small groups, did not
99 become as dense, since they at least had the foresight of seeing
100 the possible decline or loss that could transpire in the large
101 migrations. Do you understand?

102

103 ***: Yes.

104

105 C: Now that is not to say all those who separated themselves
106 wiped the slate clean. It is quite evident from your own history
107 that this was not the case.

108

109 ***: Now, I have the basic understanding of the Cosmic Bible with
110 the series of Old Covenants and New Covenants. The Old Covenant
111 when Mu was around and these other people, what would the basic
112 rules, if you could use that word, be for that Covenant?

113

114 C: You are trying to place a Covenant that you now have in
115 basically the same concept back to that point and this is not the
116 case, this is not the case. The New Covenant for that particular
117 time. How well can you conceive the lack of material density in
118 relationship to the spirit's activity in the material
119 manifestation?

120

121 ***: I don't know.

122

123 C: Well, you see, it becomes quite hard to explain a New Covenant
124 when you cannot distinguish that aspect which you must be able to.
125 Since there was a far greater awareness and interplay, now this is
126 on an individual soul basis, since there was a far greater
127 understanding and interplay between the spiritual knowledge of a
128 soul, its true divine knowledge and its material activities, a
129 covenant need not be set down as rigid as your present New Covenant
130 is. Basically, in the material activity of a soul at that time
131 under the New Covenant, if it could apply itself to the form or the
132 regulations of that time that society constructed for its
133 well-being, which were based on a hierarchy principle of government
134 and the respect of that chain of command because of its resemblance
135 to the spiritual chain of command. If a soul could apply itself to
136 that activity or to that, it would generally re-establish a greater
137 degree of awareness and thus exert a greater effort in its dealings
138 with other souls, thus eliminating or achieving then that covenant.
139 No, you do not understand, do you? Well, it really is quite
140 complicated when you have to take into consideration the degree of
141 density of each soul and its activity. Do you understand?

142

143 ***: I understand that, yes.

144 C: You see, in Mu you had a much finer body, now not in the sense
145 of physical beauty, but in the sense of its structure, in the sense
146 that the spiritual electricity that is you, that breath of God that
147 is you and is functioning and growing into your own personal
148 personality, its restrictions by the material was far less and it
149 was quite easier then to recall spiritual standards. Now, do you
150 have a little clearer understanding?

151

152 ***: Yes.

153

154 C: Apply what we have just said and think slowly over what we have

155 said before at this particular time and see if something does not
156 gel in the mind, taking into consideration the lack of density of
157 an individual soul. You see, the laws of the land, if we may use
158 that term, at those times were very godly laws, and so by complying
159 with those laws and accepting the hierarchy that resided within
160 those laws, one fulfilled the covenant of that time.

161

162 ***: You said then that the further fall when they were on Mu
163 happened quickly, could that be compared to people who have no
164 immunities to disease now, and once one or two or some member of
165 them started to become more dense for their own activities, it
166 infected the rest of them that much quicker?

167

168 C: In the sense that you add to a negative situation by your
169 activities that are negative, yes, yes, but from that sense, but
170 negativity cannot be considered a contagious disease. Now, we
171 realize that statement was not necessary for any of you but
172 remember there are others who will read the information.
173 Negativity in those days could not be considered a contagious
174 disease or anything of that sort. Negativity sustained itself by
175 an entity's own activity and the influence of that activity on the
176 material round and about and other souls round and about or that
177 were the subject of those negative activities. In other words, an
178 example, if you were a lord and master and acted in a negative way
179 in those days and you had a servant and that servant was harassed,
180 berated, and brought to the point of despair, and went beyond the
181 endurance of that particular soul, that despair would
182 bring greater negativity to that soul and its functioning in a
183 lighter physical body, thus bringing that body into a greater
184 density because of the despair and your activities that brought
185 about the despair. Do you understand?

186

187 ***: Yes.

188

189 C: So the decrease in lightness of the physical container was

190 quite quick or very active in those times.

191

192 ***: I will jump ahead to the third question here because it is
193 about the densities. Did the bodies weigh less? Is this physical
194 density?

195

196 C: Well, your weights of measure would correspond with the overall
197 density. No, if you weighed a hundred pounds today, back then you
198 would have weighed a hundred pounds, because a hundred pounds in
199 its structure was in relationship to its structure.

200

201 ***: So these bodies were not dense. Could you see through them?

202

203 C: Well, again, one's vision would be in response or in relationship
204 to the degree of spirituality. You see, it was not so much what you
205 could weigh and see, but it was the inner knowledge or awareness of
206 your previous activities in the spiritual realm that determined the
207 density. The less that one could recall, the more dense one
208 was; so it was not a question of actually being able to see through
209 the physical container. Now, let us back up an age or two before
210 the formal Mu and then one may say in loose terms that you could
211 see through entities. You could see through each other, but there
212 again you are basically using words to express a state of existence
213 that would be questionable as far as its value, as far as you
214 knowing or understanding fully.

215

216 ***: Did these bodies have to have arms and legs and stuff to
217 walk?

218

219 C: From what point?

220

221 ***: The things they did, did they need the limbs that we have to
222 function, like to feed themselves?

223

224 C: Give us a time and place.

225

226 ***: Mu, before ...

227

228 ***: After the formal entrance into the material?

229

230 ***: When Mu was formal but before it had its first crash?

231

232 C: Before it was fully dense that brought about the first

233 destructive force?

234

235 ***: Yes.

236

237 C: Very well. Yes, you had arms and legs. After all, the soul must

238 comply with the rules of nature. When God set out this mass for you

239 to utilize as a stage of activity it has its rules and regulations,

240 in order to keep everything constant or consistent; and in those

241 natural rules and regulations the soul had to work. Now, it is the

242 degree of density of the material that determines its position

243 either with or away from the Divine. Do you understand?

244

245 ***: Yes.

246

247 C: You had basically an activity to perform in the material

248 manifestation. Even though at that time it was of a finer essence

249 to perform those functions the soul had to utilize the energy given

250 to it to act out or learn its lesson. That energy has a formal,

251 how shall we put it, a formal way of acting and reacting according

252 to how an effort is placed upon it for influencing. Do you

253 understand? Now, regardless of what you may want to achieve, it

254 has to be done so that it corresponds with these formal activities

255 of the essence that the material manifestation is made out of,

256 because there is a need for a consistency or a dependability. Now,

257 we may add at this time that quite possibly your scientists may

258 have a lot to learn. They do not know all the activities of this

259 form as yet, and some of their preconceived notions as to its

260 natural response to influence may not be nearly as accurate and
261 as dependable as they may think but in the overall it is very
262 dependable. You need this foundation of dependability so that what
263 influences you place on it, you will know in advance its reaction.
264 So, now does that answer your question any clearer?

265

266 ***: Yes. So the rules of nature had always been constant from
267 the beginning of the material?

268

269 C: Yes. What line of activity would you be able to start from if
270 this were not the case? You see, in God's existence nothing is
271 haphazard. Everything is very dependable, very consistent, what
272 have you. Very well.

273

274 ***: If we had a photograph of a citizen of Mu, would we recognize
275 him as a fellow human?

276

277 C: Oh basically, yes. There have been slight changes physically
278 but this has been because of the influence of the diet, the
279 climatic conditions, what have you. For a soul to function
280 properly, it must have basically the same structure that you are
281 most familiar with. There are some foolish thoughts that bodies
282 carried an actual physical third eye; this is utterly ridiculous,
283 as you could very easily tell with a little common sense and a
284 study of what you presently know as the physical structure. There
285 are other things that over the past have been concepts as far as what
286 other physical extremities the body may have had, and these are
287 really in some cases ridiculous when you stop to think. Does that
288 answer your question?

289

290 ***: Yes, but it raises some others. I would like to know if a
291 citizen of Mu had a rudimentary appendix. I think there is a lot
292 of evolution in the appendix losing significance, unless these
293 souls originally took an animal body and refashioned it to their
294 needs?

295

296 C: No, the physical container, as you understand it, for the soul
297 evolved from the activity of the souls in the material and is not
298 some carcass that has been occupied by a soul and then evolved into
299 what you presently understand. Every organ in the physical body is
300 there for a purpose and that is to sustain the physical body in
301 life and life's activities so that the soul can function and
302 achieve its greatest degree of spiritual growth. Now, when the
303 physical condition such as diet, climate, influences the physical
304 container or any organ therein by change of those outer activities
305 then why should the physical container bother developing such an
306 organ? Does that make sense?

307

308 ***: Yes, yes, I understand.

309

310 C: There have been, Lord forbid us with this, there have been
311 certain things in the body that you no longer have and only have
312 the slightest indication of a possibility of something there that
313 were essential in other times because of climatic conditions and
314 because of the diet and what have you. Now, please, do not pursue
315 this for it would only add more clutter to what is essential.

316

317 ***: I could ask one question from what you are saying in regard
318 to evolution that the human body has no relation or direct or
319 indirect descendants from the animal body?

320

321 C: No, no, no, no. All fleshes are different; and all your scientists
322 would have to do is examine the flesh of man and examine the flesh
323 of a monkey or a bird or a lizard or a snake and they would see
324 there is no basic grounds for that concept. It is man's way of
325 eliminating the price of self-indulgence. When you eliminate a
326 Creator and His influences and His rules, then you eliminate the
327 responsibility of answering to anyone but yourself and in that
328 respect then you can do as you please and as it suits you to serve
329 only yourself. Once you bring in the concept of a higher being, a

330 God, then you must answer to that, thus comes a judgment, thus
331 determines or brings about a need for a form of action or a set of
332 rules which then in your concept inhibits your free will. So you
333 see it gradually unfolds into the same thing, selfishness.

334

335 ***: So the only similarity of form and structure between our
336 bodies and animal bodies would be just because we are operating
337 under the same rules of nature?

338

339 C: Yes, also that some animals do in their activities resemble or
340 function under basically the same activities that you as a man do.
341 Some animals have a highly refined social structure, just as you
342 humans should have; although we dare say, as we look upon the face
343 of your earth now, you could learn a great deal from some of the
344 social structures that animals maintain amongst themselves and their
345 own kind. At least in the animal population you do not see wanton
346 killings amongst their own.

347

348 ***: How exactly and for what purpose did the different races come
349 about?

350

351 C: There is a problem. For now, accept this: The major
352 influences on the physical container that brought about the
353 difference had to do basically with climate, again, and the diet,
354 but these came about for a deeper reason and that is to give a
355 basis of demonstrable awareness as to the true essence of the
356 entity encased in that container. Do you understand?

357

358 ***: I'm fairly sure.

359

360 C: You are fairly sure you understand?

361

362 ***: Yes. You are saying that gives us a greater opportunity to
363 express love in different ways.

364

365 C: It gives you the opportunity to recognize that basically it is
366 not the exterior container but the interior workings that is the
367 uniting factor. Now, we could carry it a little further but very
368 limitedly. Some diets were drastically changed from what would be
369 considered the norm for an area which did bring about an influence
370 on the physical container. This was in relationship then to
371 spiritual concepts, and basically the spiritual concepts and their
372 efforts to be practiced were the influencing factor then in some of
373 the physical differences in the material body. Most of these
374 differences were the extremities or the outer appearances. Such
375 differences as internal structure were basically the same with the
376 exception of that element of the internal structure that would
377 determine such as height, width of different parts of the body,
378 but the basic overall structure was the same, as far as organs.
379 Do you understand that?

380

381 ***: Yes.

382

383 ***: A mystery that some archaeologists run into is that
384 Neanderthal man who was structurally different seemed to exist at
385 the same time that what we feel present day man was structured; now
386 all of sudden Neanderthal disappeared. Just what was the
387 Neanderthal man?

388

389 C: All aberrations of what you understand as man in your present
390 ability as far as documenting history, you will find ultimately are
391 the spin-offs of previous efforts by nations or civilizations to
392 create either animals of burden or servitude or to turn
393 soul-existing entities into animal-type entities.

394

395 ***: You mean all the different names we have for different beasts
396 or creatures, such as Java man, Neanderthal man, Cro-Magnon man,
397 this, that, and the other are ...

398

399 C: Well, first of all, now let us back up a little bit and really

400 look at what you have. You have an awful lot of names but what really
401 do you have to prove there was such an existence?

402

403 ***: Bones.

404

405 C: Bones? Bones? And how many specimens do you have? How many
406 full-fledged carcasses complete, you are speaking only of the
407 bones, do you have? Do you have a sufficient quantity to say,
408 "Here is a quote 'group' of these beings?"

409

410 ***: No. Not that I can think of.

411

412 C: There have been animals, and we do mean animals, that have been
413 on the face of the earth that none of you, none of your scientists
414 are even yet aware of. Could it be possible that some of these
415 "bones" may just have been stretched a little; placed to fit a
416 concept that someone has already preconceived? Now, let us back
417 up. We are not saying that these things that you have mentioned
418 have not existed. What we are saying is do not place quite so
419 much importance on them, especially in relationship to the
420 possibility that these are your forerunners or your ancestors.
421 They are not, absolutely, are not. What some of these bones are
422 are the castoffs, runaways, and murdered creations of not only
423 Atlantis but even Lemuria. These, in some areas of the land, were
424 sent en masse to mine, to do labors of such nature, to even start,
425 shall we say, agricultural communities, especially those dealing
426 with foodstuffs that could not be grown in other lands or in the
427 mother land; so you will find remnants of this and that, here and
428 there. But God forbid, if it has taken you this long to come where
429 you are now without having to start from some monkey form of body.

430 Very well.