

# Gemstones

The Power of Stones

Trance Library File No. 94-47

# SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

SOL

# AN INTRODUCTION TO THE COUNCIL

by

**William Allen LePar**

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

## THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

## THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1945. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

## FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

## IMPORTANT

### TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

1. PLEASE DO NOT RETAIN THESE LIBRARY FILES.
2. THIS MATERIAL IS COPYRIGHTED. KEEPING A COPY IS PROHIBITED.
3. TAKE NOTES IF YOU WISH, BUT FOR ACHIEVING THE GREATEST POTENTIAL TAKE CARE THAT THE NOTES ACCURATELY REFLECT THE INFORMATION IN ITS ORIGINAL CONTEXT.
4. WHEN FINISHED WITH THE LIBRARY FILE, PLEASE NOTIFY SOL BY EMAIL.
5. NO FURTHER LIBRARY FILES WILL BE FORWARDED UNTIL PREVIOUSLY LOANED FILES HAVE BEEN REMOVED.
6. PLEASE REQUEST ADDITIONAL FILES BY EMAIL SO THAT WE CAN REPLY QUICKLY.

### DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

## EXPLANATION OF TRANCE LIBRARY FILE FORMAT

### Reincarnation<sup>(1)</sup>

page 31<sup>(2)</sup>

Selection # 16<sup>(3)</sup>

Reincarnation<sup>(4)</sup> was discussed on 80-06-28<sup>(5)</sup>, the 78th Trance<sup>(6)</sup>.

The word "reincarnation was first found on page 1235, in line 387<sup>(7)</sup>.

386<sup>(8)</sup>

387 \*\*\*:<sup>(9)</sup> Since we believe in reincarnation, and apparently have experienced death a number  
388 of times, why do the majority of us fear death, and why do we not have a conscious  
389 awareness of what it is like beyond the veil?

390

391 C:<sup>(10)</sup> If you have reincarnated then evidently you have not fulfilled or let us say you  
392 have not taken advantage of the opportunities available to you while in the material  
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The  
394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

### NOTES

(1) **Title** - This is the topic of the Trance Library File.

(2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.

(3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.

(4) **Key Word** - This is the search word used for this selection.

(5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).

(6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.

(7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.

(8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.

(9) **Questioner** - The symbol \*\*\* indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.

(10) **Council** - The symbol C: indicates that The Council is speaking.

## EXPLANATION OF TRANCE LIBRARY FILE FORMAT

79-12-01<sup>(1)</sup>

Life After Death - Part 1<sup>(2)</sup>  
Trance #2<sup>(4)</sup>

page 21<sup>(3)</sup>

This trance was the second trance in the Research and Study Group series. The Trance was attended by William LePar and (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), and (\*\*\*) (\*\*\*).<sup>(5)</sup>

1<sup>(6)</sup>

2 C:<sup>(7)</sup> May the Peace and the Joy of the Infinite Father be upon you, and may His Light  
3 shine down upon you and around you and within you.<sup>(8)</sup>

4

5 \*\*\*:<sup>(9)</sup> Thank you. Are you ready?

6

7 C: Yes, we are ready.

8

9 \*\*\*: Would you agree with the statement that Jesus Christ came into the earth in human  
10 form and is both man and God?<sup>(10)</sup>

11

12 C: Yes, we acknowledge that Jesus Christ is both man and God and that He did come  
13 into the material manifestation.

### NOTES

- (1) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (79-12-01).
- (2) **Title** - This is the topic of the Trance Library File. If a subject requires more than one Trance Library File, then the file is divided into **Parts**.
- (3) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (4) **Trance Number** - This is the number of the Trance within the Research and Study Group Trance series.
- (5) **Identification** - This paragraph identifies the Trance and the persons in attendance. Individuals are identified by the symbol \*\*\* to maintain confidentiality.
- (6) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (7) **Council** - The symbol **C:** indicates that The Council is speaking.
- (8) **Greeting** - The Council always opens with a greeting.
- (9) **Questioner** - The symbol \*\*\* indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Test of the Spirits** - As outlined in the First Letter of John this test is given at the start of each Trance.

*Gemstones was discussed on 76-12-19, the 26<sup>th</sup> Trance.  
The word "turquoise" was first found on page 355, line 263.*

257 \*\*\*: Another night, I don't usually remember my dreams, but when  
258 it seems like I dream of something important I remember just a  
259 small part of it and one night I had this dream of the ring I had  
260 received for my birthday, and I usually try to be very careful with  
261 it and I remember talking to someone, who I don't know who it was  
262 that I have to be careful with it because it was very delicate.  
263 And as I looked down at the ring all the turquoise in the ring  
264 shattered and what was left was the crucifix in it like a three  
265 dimensional form and I looked at it from a distance and then it  
266 came close and it was like I just went right into it.  
267  
268 C: There is an old saying about turquoise, that if it is given to a  
269 friend by a friend it acts as to, shall we say, ward off evil  
270 influences. Possibly a more accurate explanation would be that  
271 certain minerals do have certain properties which do affect physical.  
272 Now turquoise, when given to a friend by a friend, will shatter if  
273 that which received the turquoise is the object of a negative  
274 bombardment or a negative thought, especially those which are of the  
275 intensity to bring harm not only to the physical but to the spiritual  
276 of that individual so that the shattering in your dream of the  
277 turquoise and the losing of it would indicate that there are those  
278 who would prefer that you did not have the relationship that you do  
279 have, basically because this relationship points out to them their  
280 inability, their lack of acceptance of their office, and also acts as  
281 a reflective means to them the shirking of their responsibilities and  
282 the condition of their own, shall we say, soul. The depth of the  
283 crucifix indicates that the depth of your religious belief, not so  
284 much religious as in terms of dogma or ritualism but in the true  
285 meaning of religious beliefs, your attunement with the Infinite  
286 Father and His Son. The depth there indicates that there is a good

287 awareness, that even though you may be, shall we say, bombarded  
288 by negativity or may be surrounded in your present situation  
289 by that negativity it will endure. You do have the strength to  
290 withstand those forces. As to whether you will or not is a  
291 decision only you can make, but nothing is asked, nothing is  
292 tested of you that you are not completely capable of overcoming  
293 with plenty of reserves. So then when one falls in a test the  
294 condemnation does not come from the Father, but it comes from  
295 one's own condemnation of itself. As we say in the dissertation  
296 what befalls you is your own making. The judgment that is leashed  
297 upon you is of your own making.

*Gemstones was discussed on 78-01-05, the 36<sup>th</sup> Trance.*

*The word “stones” was first found on page 543, line 283.*

[Editor’s Note: This answer from The Council was given to an individual who had used drugs. The Council states that the individual had ruptured their auric field. This rupture was the result of using illegal drugs. The Council had already recommended to this individual not only to never use these drugs again but to also wear certain gemstones and a piece of a particular metal. In this selection, The Council explains how such things as the wearing of crystals, gemstones and metals can affect a person.]

255 C: What you are going to have to do, (\*\*\*) , is to get a  
256 greater understanding of what spirituality is, and you  
257 have not done this. Now it is understandable in  
258 such a short period of time that you cannot gain all the  
259 information that is necessary, but that information that has  
260 been given to you, you still seem to want to distort it so that it  
261 suits you, and that is not the way it can be. You must gear yourself  
262 to accepting what others say about spirituality for the time being  
263 because you are not in a position to decide what spirituality really  
264 is or to even know it. Do you understand this?

265

266 \*\*\*: Yes.

267 C: In the picture that we gave you, the very last picture is an  
268 indication of your present existence, the attitude in which that  
269 existence should be, in that, you are subservient to those who know  
270 what spirituality is. You are not capable of deciding what is truly  
271 spiritual and what is not. You have ruptured your auric field. You  
272 have frozen certain, shall we say, channels in the mind that prevent  
273 you from truly knowing spirituality or becoming acquainted with your  
274 God. So that now you must rely totally on those that you choose to  
275 teach you. Do you understand?

276

277 \*\*\*: Yes.

278

279 C: Every time you are given a word for your spiritual growth and you

280 turn around and use it not in the text in which it was given to you,  
281 you have destroyed the value of that word as far as you are  
282 concerned. You have rationalized that truth to suit yourself, and  
283 this you cannot do. We have given you a number of stones to be  
284 carried on your person and a metal. The stones and the metal can do  
285 nothing for you, absolutely nothing in themselves. The only time  
286 they become effective for you is with the proper frame of mind. It  
287 is true that every element created has a vibration or an energy and  
288 as the elements are combined they have a combined effect of each of  
289 the elements. With the stones that we gave you, those will truly  
290 help you, but only if your attitude or your heart is in the right  
291 place; because as this energy or vibration is brought in contact with  
292 the body, it is magnified by the sincerity and the purity of the  
293 heart and the mind, and thus it helps to rebalance the spiritual and  
294 the material aspects of the body, but the amplifying source is the  
295 heart and the sincerity to truly develop spiritually. Without this  
296 then you might as well throw the stones away, you might as well throw  
297 the metal away, for you would only be carrying excess baggage. So  
298 what you must do, if you truly wish to be a member of the family, is  
299 pay attention to those who try to talk to you about spiritual things.  
300 Try to think the way that is indicated to you. Try to live your  
301 every day with those attitudes. You cannot walk, (\*\*\*) into a  
302 pigsty and not come out dirty. There are those that can and do and  
303 must for the benefit of others, but you, yourself, cannot. So you  
304 must raise yourself above those things that are related to the  
305 pigsties of the world. Do you understand?

306

307 \*\*\*: Yes.

308

309 C: You must control yourself to the best that you can. You must  
310 control the situations in which you find yourself. Now, of course,  
311 we are talking about the material situations.

*Gemstones was discussed on 78-01-05, the 36<sup>th</sup> Trance.*

*The word "stone" was first found on page 559, line 1010.*

999 \*\*\*: In one of the previous trances you interpreted a dream of mine  
1000 and in this interpretation you said that turquoise if given to a  
1001 friend by a friend acted as a protector against negativity. Does  
1002 this apply to everyone? If so, must it be given to an individual by  
1003 a friend?

1004

1005 C: Yes, there are certain stones that have certain qualities or  
1006 certain abilities because of the, shall we say, electromagnetic field  
1007 that they create in their construction. Turquoise, if it is in truth  
1008 given to someone, given to a friend by a friend, can act as, shall we  
1009 say, a focal point for negativity, but the turquoise is not the only  
1010 stone. These secrets, as some may refer to them, are not really  
1011 secrets but are handed down from generation to generation and often  
1012 are looked upon as legend and old-wives' tales; but this is one  
1013 particular case when this is so. The thing that makes this an active  
1014 part of the turquoise stone is that in the attitude in which it is  
1015 given. If you truly are a friend of someone's, if you truly love  
1016 them, if you truly are concerned about them, and you give that  
1017 particular stone to them in friendship and with the hopes that it  
1018 will protect the individual, to be sure then that turquoise stone will  
1019 be a protective stone. Now, once the turquoise is cracked, then it has  
1020 accepted the negative charge and is no longer valuable. To  
1021 re-establish the protective shield, shall we say, a new turquoise  
1022 would have to be replaced.

1023

1024 \*\*\*: What if you just buy it yourself?

1025

1026 C: No, it is the attitude, (\*\*\*). It is the attitude.

1027

1028 \*\*\*: Then if I bought it with that attitude in mind for myself?

1029

1030 C: No.

1031

1032 \*\*\*: No.

1033

1034 C: That would be self-love then. You see? If you were to do that,  
1035 buy a turquoise for your husband and give it to him, explaining the  
1036 story and hope that he would do the same.

1037

1038 \*\*\*: I see.

1039

1040 C: You see? But it is not something that you need to protect yourself.  
1041 It is a beautiful gesture to show one's concern and love for another  
1042 one, but prayer can be even more effective than any stone. The other  
1043 stone that offers such protection is the ruby.

1044

1045 \*\*\*: What about the lapis?

1046

1047 C: The lapis is a stone that contains extremely high vibrations and  
1048 overindulgence in such vibrations can be as detrimental to an entity  
1049 as it can be helpful.

1050 \*\*\*: I have some lapis, so does (\*\*\*) and so does (\*\*\*). Would you  
1051 care to give us some of the cautions that go along with it?

1052

1053 C: Some people can use lapis on the bare skin. Very, very few can  
1054 do this. It should be, for the general understanding, should be worn  
1055 away from the skin. In other words the stone should never be worn  
1056 around the neck where it actually comes in contact with the skin  
1057 itself. In this case, it should be encased in some sort of covering,  
1058 one that is completely sealed off. The lapis in the case here with  
1059 you and with (\*\*\*) and with (\*\*\*) as far as you are personally  
1060 concerned, (\*\*\*), we would suggest wear it as you feel or desire to,  
1061 but do not allow yourself to get into the habit of wearing the lapis.  
1062 Do you understand?

1063

1064 \*\*\*: Yes.

1065

1066 C: When you have a desire to wear it, wear it for a matter of a  
1067 few hours and then remove it until you definitely feel the desire to  
1068 wear it again.

1069

1070 \*\*\*: Thank you.

1071

1072 C: You are most welcome. If the others were to ask, (\*\*\*), and  
1073 someone ask for (\*\*\*), we would give advice on that.

1074

1075 \*\*\*: Yes, would you give me an idea how it would affect my life to  
1076 wear lapis?

1077

1078 C: Lapis is not a stone that we would advise you to wear very often.  
1079 It has a tendency to overexcite the emotional aspects that run  
1080 closely with the spiritual and for you now at this time we would  
1081 suggest that you wear it only on extremely rare occasions. If we  
1082 were to put it this way, if tomorrow you have a desire to wear lapis,  
1083 then do not wear it, but the next time do wear it. Do you  
1084 understand?

1085

1086 \*\*\*: Yes.

1087

1088 C: You need a, shall we say, much more stable outlook right now.

1089

1090 \*\*\*: Is there a particular gem you could recommend for me, a stone?

1091

1092 C: We could but we would rather wait for a short period of time.  
1093 The use of such a stone right now would really not be beneficial. Do  
1094 you understand?

1095

1096 \*\*\*: I accept. I don't understand.

1097 C: It is just as important for you to understand some things as to  
1098 accept them. We are quite happy that you asked. At this particular

1099 time it is important for you to maintain your stability on your own.

1100 Do you understand?

1101

1102 \*\*\*: Yes.

1103

1104 C: Without the outside help of a stone.

1105

1106 \*\*\*: I see.

1107

1108 C: If in possibly a month or so we would be more than happy to give

1109 you a stone that would help to stabilize the emotions or, shall we

1110 say, those areas that would give you better insight.

1111

1112 \*\*\*: I'd appreciate that very much. Could you also give us

1113 information how a lapis would affect (\*\*\*)?

1114

1115 C: Well, at this particular time nothing is going to affect him

1116 beneficially. Again, each of you are much more attuned to such

1117 things than, shall we say, the rest of the people and again, as

1118 your system needs this attunement it will crave the use of the lapis

1119 and as far as (\*\*\*) goes, we would suggest the same thing. One of

1120 the main properties of the lapis is to create a, shall we say,

1121 stimulus for the spiritual, but unfortunately, if too much stimulus

1122 is put there, the spiritual desires can be thrown off balance. Do

1123 you understand that?

1124

1125 \*\*\*: Yes, I think so.

1126

1127 C: Each stone or metal has many effects on the individuals, some are

1128 more effective on individuals than others, and it is not really wise

1129 to become too involved with such things. In certain cases it is very

1130 beneficial but as a general rule we will not make it a policy to go

1131 much into such things.

1132

1133 \*\*\*: Thank you.

1134

1135 C: There are cases such as (\*\*\*) where everything possible should be  
1136 done to help the individual so we suggest such things.

1137

1138 \*\*\*: Is there anything further?

*Gemstones was discussed on 78-07-08, the 47<sup>th</sup> Trance.*

*The word “gemstones” was first found on page 792, line 913.*

880 \*\*\*: What can we do to avoid negativity?

881

882 C: Develop spiritually within, inside yourself. Place your entire  
883 being in a positive frame of mind at the very beginning of your day,  
884 simply by starting your day off with a prayer and committing yourself  
885 to a godly existence for that day, that is your first means of  
886 protection. But from there you must take a constant watchful eye on  
887 each and every thing that transpires. It is not an easy task at  
888 first, but once you attune yourself to such a day, over a period of  
889 time it becomes quite natural and you automatically protect yourself  
890 as long as you are willing. You see, it first comes through the  
891 inner change and attitude. Make each act of yours an act that you  
892 are offering up to your Infinite Father as an act of prayer and each  
893 act then that you find yourself engaged in, check and see if it is a  
894 godly act, if it is something you wish to offer up to your god or  
895 not. You see? Very simple little things like that can help keep  
896 your entire day a godly expression, thus eliminating any effects of  
897 negativity, at least to the point where it would be detrimental to  
898 you. Very well.

899

900 \*\*\*: I feel that you have answered number seven. What positive  
901 actions can we take to deal in a godly way with negativity, have you  
902 not?

903

904 C: Basically, yes.

905

906 \*\*\*: What is the best way to protect ourselves from negativity?

907

908 C: There are many ways, if you are talking of, shall we say, little  
909 gimmicks. There are many ways of doing that. But basically again

910 they are only, shall we say, amplifiers for the mental attitude that  
911 must be present, such as protecting yourself with the White Light  
912 which is a very strong form, because it necessitates visualization  
913 which is a strong tool. The gemstones that we have given you in the  
914 past can be a form of protection, but you see, these are all, shall  
915 we say, little gimmicks; they are little amplifiers. The real  
916 protection comes first in your own mental attitude. Now, there are  
917 times in rare occasions when some individuals have no means of  
918 protection at all in themselves; this becomes part then of, shall we  
919 say, a situation which is governed under the karmic law but this  
920 comes to very, very, few. As far as your own beings and protecting  
921 yourself, keep yourself attuned to godly ways, and that is your  
922 safest means of protection. Use the visualization process of the  
923 Light that represents Christ and His protection. Those would be the  
924 simplest and most productive. A good foundation in what is godly and  
925 what is not as far as knowledge goes is very beneficial. A certain  
926 amount of knowledge is good. Then from that knowledge allow your  
927 God-given wisdom to put it into practice and to magnify it so that it  
928 becomes useful in many areas of your day-to-day existence. Very well.

*Gemstones was discussed on 81-10-17, the 101st Trance.  
The word "crystal" was first found on page 1556, line 434.*

415 \*\*\*: What is the significance of the twelve precious stones in the  
416 Wall of New Jerusalem? Do you want the Bible quote read from  
417 Revelations?

418

419 C: The Book of Revelation is a very touchy book to deal with.  
420 There are some avenues that we will not be able to discuss, but if  
421 you wish an explanation, very well.

422

423 \*\*\*: This is the Knox Bible. Revelation 21:19-21. "And the  
424 foundations of the city wall were worked in every kind of precious  
425 stone. The first foundation was a jasper, the second a sapphire,  
426 the third a chalcedony, the fourth an emerald; the fifth a  
427 sardonyx, the sixth a sarius, the seventh a chrysolite, the eighth  
428 a beryl; the ninth a topaz, the tenth a chrysoprase, the eleventh a  
429 jacynth, the twelfth an amethyst. And the twelve gates were twelve  
430 single pearls, one pearl for each gate."

431

432 \*\*\*: The Jerusalem Bible reads, "The foundations of the city were  
433 faced with all kinds of precious stone. The first with diamond,  
434 the second lapis lazuli, the third turquoise, the fourth crystal,  
435 the fifth agate, the sixth ruby, the seventh gold quartz, the  
436 eighth malachite, the ninth topaz, the tenth emerald, the eleventh  
437 sapphire, and the twelfth amethyst. The twelve gates were twelve  
438 pearls, each gate being made of a single pearl."

439

440 \*\*\*: And the New American translation, Rev. 21:19-21: "The  
441 foundation of the city wall was ornate with precious stones of  
442 every sort. The first course of stones was jasper, the second  
443 sapphire, the third chalcedony, the fourth emerald, the fifth  
444 sardonyx, the sixth carnelian, the seventh chrysolite, the eighth

445 beryl, the ninth topaz, the tenth chrysoprase, the eleventh  
446 hyacinth, and the twelfth amethyst. The twelve gates were as  
447 twelve pearls, each made of a single pearl; and the streets of the  
448 city were of pure gold, transparent as glass."

449

450 C: Well, if we may jest with all of you for a moment then, let us  
451 suggest that you all run out and buy these stones and drape them  
452 around yourselves and this will be the key to the whole problem of  
453 life. (Laughter from those present)

454 The precious stones: if you use a little wisdom, what need  
455 does heaven have for such stones? What need really does man have  
456 for such stones other than what he deems necessary? Value that  
457 such stones would have really have no value at all. Man says they  
458 have a value but what makes one stone more valuable than another?  
459 It is man's judgment. Now, what is really being discussed there,  
460 and this would be good for all of you to participate in, is that in  
461 those days certain stones were deemed to have certain qualities.  
462 In other words a pearl for instance was symbolic of purity, you  
463 see, and each of these stones then that are mentioned have their  
464 symbolic interpretation or a virtue of man. There was no mystery  
465 in the properties of these stones; although now we are not saying  
466 that certain stones do not have an influence on the physical  
467 container because they do, they do; they have a healing influence  
468 if the soul prescribes to such things. So in a sense even the  
469 vibrations from stones can have an effect on the physical container  
470 in respects to healing, but in this sense this is not intended. If  
471 you would care to really find out what such phrases mean or what  
472 the precious stones really mean, then start searching in what  
473 material you have available in your world today, because all the  
474 meanings are there. You look at the meaning that has the highest  
475 quality to it. So that you are not misled, each stone according to  
476 time and according to land or people, whatever, placed a certain  
477 meaning to each stone or a certain virtue that man should have, and  
478 many times people would wear these stones to increase that virtue. The  
479 stone itself did not increase that virtue one iota, but it only had a

480 psychological effect on the physical container, what have you. But  
481 if you want to know what the foundations of the New Jerusalem will  
482 be or the new temple or the new you, then look up what history says  
483 these stones will attribute to you, and use only those  
484 interpretations that call for the highest degree of caliber or  
485 character, the highest standards, and you will have what the Bible  
486 is talking about. Now, we are a little surprised to see that there  
487 is a disappointment in that interpretation, but that happens to be  
488 exactly what the Bible speaks of, what John is writing of. Man has  
489 virtues that he must demonstrate; the soul has virtues it must  
490 demonstrate; and that is the only way it can build a new being for  
491 itself or a new relationship with its God, by demonstrating these  
492 virtues or characters. Not much mystery involved in that passage.  
493 There is no secret there. A secret possibly to your time, simply  
494 because you are not accustomed to such concepts. Very well.

*Gemstones was discussed on 82-10-14, the 109<sup>th</sup> Trance.  
The word “crystals” was first found on page 1763, line 631.*

607 \*\*\*: Could you tell us please how the pyramids were built? That  
608 is, any of the pyramids, Egypt or Mu, Lemuria, Atlantis?

609

610 C: Through the mental processes.

611

612 \*\*\*: The same powers that could also be turned to destruction?

613

614 C: Power is neither good nor bad. Power in itself is neither good  
615 nor bad. Those that apply it determine whether it is good or bad.

616 Does that answer your question?

617

618 \*\*\*: Yes.

619

620 C: No, it does not.

621

622 \*\*\*: As far as power is concerned, but not the original question.

623

624 C: Pursue it.

625

626 \*\*\*: Did they simply will the construction, will the blocks to  
627 move? I suppose that is the question.

628

629 C: Basically, it was a matter of willing, but they needed help.

630

631 \*\*\*: From crystals again?

632

633 C: No, only partially.

634

635 \*\*\*: Then from what?

636

637 C: Special appliances. Basically, metallic rods held in hands.  
638 One was a barrel-shaped rod; the other was a staff rod. The high  
639 priest then would carry these, and it was used as a tuning mechanism.  
640 The assistant priests or the common priests then would concentrate,  
641 and through a means of chanting which would have been strictly  
642 cosmetic in actuality, the chanting served their conscious mind for  
643 concentration, but the chanting in itself served no other purpose;  
644 focusing these thoughts then and the high priests holding these  
645 rods, touching the stone or the block that had to be moved,  
646 created a field that negated the gravitational force, thus allowing  
647 that stone or that rock to rise. Do you understand?

648

649 \*\*\*: Yes.

650

651 \*\*\*: Somewhat, are you talking of vibrations? Through some kind of  
652 vibratory energy that the rock gained an anti-gravitational state?  
653 Is that following you?

654

655 C: The mind emanates an electrical field. This electrical field can  
656 be focused. Do you understand?

657

658 \*\*\*: All right.

659

660 C: The priests would concentrate on the rising of the rock or the  
661 elevating of the rock. Do you understand?

662

663 \*\*\*: Yes.

664

665 C: They were of one mind then. The high priest which held  
666 these appliances, with the use of the appliance would be able to be  
667 what you could refer to as a power element or the priest with these  
668 appliances then would accumulate these electrical impulses derived  
669 from the extreme concentration and would trigger then, with the help  
670 of these appliances, a force that would negate the magnetic field in  
671 relationship to the object. Now the priests would lay hands on the

672 object or the stone. Do you understand?

673

674 \*\*\*: Yes.

675

676 C: The high priest would walk ahead or behind of the stone and one  
677 could consider then, because of the appliances, the high priest would  
678 be used as the power source to cancel out the gravitational force  
679 on the rock itself. This would be done in a manner that is hard to  
680 explain because the concept is not in line with man's normal  
681 understanding but what constitutes material form but atoms. Again,  
682 what are atoms but fields of energy or electricity, and so by  
683 activating the molecular structure of the stone in such a way it  
684 would eliminate the relationship with the magnetic field or with  
685 the gravitational field, thus causing it to elevate or levitate.

686

687 \*\*\*: Is this the same process that would have been used in cutting,  
688 perhaps I am using the term loosely, but cutting the stone from  
689 the actual quarry and transporting it to the site where the pyramid  
690 was to be built?

691

692 C: This would be a process used in moving the stone. In some  
693 cases those stones that were too large to truly be supported on  
694 barges and what have you would necessitate a constant activity as  
695 we have described it. Do you understand this?

696

697 \*\*\*: Yes.

698

699 C: The cutting of the stone can be done basically again through  
700 the same principle of concentration but because of the need to  
701 incorporate many individuals in this process more appliances were  
702 needed. Do you understand so far?

703

704 \*\*\*: Yes.

705

706 C: Rough cutting would have been done basically at a manual level.

707 Refined cutting and polishing then would have been done through  
708 appliances such as crystals. The focusing of the mental powers  
709 for direction and the powers of the sun, one could shear a  
710 stone to within one one-thousandth of an inch. Again, such an area  
711 will serve no purpose.

712

713 \*\*\*: Oh, one more question please. There has been quite a bit  
714 of talk or a school of thought about the Great Pyramid having been  
715 built perhaps under great inspiration and acting as a prophecy for  
716 man. Is there truth to that theory?

717

718 C: It can be used as a point of prophecy, yes. That was part of  
719 the intent.

720

721 \*\*\*: Would you give us more information on that or be more specific  
722 so that we could understand what you are saying?

723

724 C: Using the Holy Cubit as a measurement, you will have your  
725 answer.

726

727 \*\*\*: Do we have access to the Holy Cubit?

728

729 C: It is a measurement. It is a measurement.

730

731 \*\*\*: Thank you.

732

733 \*\*\*: Just to clarify. The description of how this was done  
734 applies to the construction of all the pyramids, Egyptian, in Mu,  
735 in Lemuria, in Atlantis, all were constructed this way?

736

737 C: Basically, yes. You must remember that the Great Pyramid of  
738 Egypt is somewhat older than what you may suspect, and also the  
739 builders were not truly Egyptian.

740 \*\*\*: Did this process do anything to the material, to the stone?

741 Did it change it in any way?

742

743 C: No.

744

745 \*\*\*: Were the pyramids actually used as tombs by any of the  
746 civilizations, the Mu, Lemurians, the Atlanteans?

747

748 C: The pyramids that most puzzle man have not been constructed for  
749 the purpose of tombs. They symbolized, if one were to understand  
750 the true simplicity of their purpose, it symbolized the gateway to  
751 spirituality. Man's interpretation of their purposes have become so  
752 overlaid with the egotism of interpretation that the true purpose  
753 of the true essence of their construction has been lost.

754

755 \*\*\*: And the key to that is the cubit?

756

757 C: That tells the prophecy. The prophecies are based on that  
758 measurement.

759

760 \*\*\*: The Holy Cubit would represent how long a period of time, a  
761 century?

762

763 C: That information is readily available in books.

764

765 \*\*\*: The Great Pyramid now, the other pyramids that are in the  
766 vicinity in Egypt, they were not built by the same people?

767

768 C: Well, there was a relationship.

769

770 \*\*\*: But they came much later?

771

772 C: Somewhat later, yes. The Great Pyramid and that surrounding  
773 structure was considered a holy place and a place of spiritual  
774 illumination so what you have in that basic area was what might be  
775 referred to as a temple complex.

776

777 \*\*\*: Then it was built when the religious or governmental  
778 organization of Atlantis would still have been considered of the  
779 Sons of Light, during a good period, a spiritually high period?

780

781 C: Toward the end of the apex of that civilization, so you would  
782 have a mixture of both good and negative. Do you understand?

783

784 \*\*\*: But the purpose, the reason to build it was . . . ?

785

786 C: First, spiritual, then as a power source.

787

788 \*\*\*: A good reason first?

789 C: Yes. You see, all things are related, all things are related;  
790 and yet there are certain elements that are neutral and can be served  
791 for either good or for something less. The Great Pyramid was built  
792 first by those who were considered the initiates or those that had  
793 the power, were built first as a source of spiritual enlightenment,  
794 then secondly as a point of this power grid that we spoke of  
795 before.

796

797 \*\*\*: The pyramid-like structures that exist now in other parts of  
798 the world like in Mexico and Central America, were the same  
799 processes and the reasons used for those?

800

801 C: Yes. You must remember that the system that instigated these  
802 activities or, let us say, the class that instigated these  
803 activities came from the priest system or the priest caste or the  
804 priestly caste. Do you understand?

805

806 \*\*\*: Yes.

807

808 C: Within the overall system were many individual segments or  
809 orders, and their structures may differ slightly from another  
810 order's structures. Do you understand? Their choice of design or  
811 style may have differed slightly? Do you understand?

812

813 \*\*\*: I think so. Do you mean more than one group within the  
814 society was building buildings simultaneously?

815

816 C: Temples and buildings were built by two different groups.

817 Temples were built by the priestly order; buildings by the

818 architectural orders that laid more in the civil area and all its

819 divisions. But within the priestly order, within the priestly

820 caste, you had a number of different orders who had their own

821 style. Do you understand?

822

823 \*\*\*: Yes.

824

825 \*\*\*: It is eight minutes after ten. Should we end this?

826

827 C: Let us cover one more question.

828

829 \*\*\*: Several years ago there was a man in Florida that single-

830 handedly built these structures out of huge blocks and rocks and so

831 forth, and when asked how he did it, he said he had a process similar

832 to the way the pyramids were built. Is there any truth to this?

833

834 C: You see any evidence of anything else?

835

836 \*\*\*: No.

837 C: The secret is not such a great secret, and it is not so well

838 hidden. Does that answer your question?

839

840 \*\*\*: Yes. Does that mean that presently it would be possible to

841 duplicate the pyramids or has the density of matter increased such

842 that the methods that worked then perhaps would not work now?

843

844 C: Your relationship to the density of matter is in proportion to

845 your spirituality, so that any one of you could be instrumental in

846 rebuilding a pyramid, even today.

847

848 \*\*\*: Thank you. That is most interesting.

849

850 C: Such works are truly no feat of the soul. They are only feats  
851 of the physical body and the physical mind. You see, you must  
852 look for the true source of activities. What can your physical body  
853 do in relationship to a stone that may weigh ten tons? Can your  
854 physical body move that stone?

855

856 \*\*\*: No.

857

858 C: So then it must be something else. It must be something far more  
859 powerful than your physical body and absolutely more powerful than  
860 that stone. If that be the case, then what else is there but your  
861 own real source of activity.

862

863 \*\*\*: I don't find it hard to understand that the soul is capable  
864 of moving rocks that weigh tons and tons; it just seems that  
865 these abilities are something that by and large we have lost and  
866 forgotten and really don't have much of an idea of how to approach  
867 it.

868

869 C: You have lost those abilities because you do not choose to  
870 think in a godly manner, in a godly way. You choose to forget your  
871 true potential. You choose to ignore the fact that you are  
872 basically a god who is doing less than what he could do. You are  
873 forgetting that you are an image of the Divine Source. Even when  
874 you are given a personal example of what you can do in the form of  
875 Christ, you still refuse to accept your places. Isn't it far  
876 greater to rise above physical death than to move a mere stone?  
877 For in rising above the physical death, you must utilize your  
878 potential and overcome all of the natural laws of creation. You  
879 must control absolutely and with absolute preciseness the laws of  
880 physical nature to rise above the physical death. Does that answer  
881 your question?

882

883 \*\*\*: Yes.

884

885 C: Moving mere stones, regardless of their sizes, is truly nothing  
886 in comparison to what you are actually capable of doing and what  
887 you are actually doing presently. If you could understand one  
888 speck of what we have said about time and about the creation that  
889 you are involved in and what we have said this evening about  
890 utilizing this spiritual grid, if you could understand one word of  
891 what we have said, the powers needed to utilize and create the  
892 material manifestation from this spiritual grid would make moving a  
893 stone absolutely nothing, not even worth considering. The  
894 magnitude of the power necessary to create the material scenario  
895 that your soul is going through is far greater than any small,  
896 isolated element of that total picture. So you see, you are capable  
897 of activities that you cannot even comprehend in the material, and yet  
898 you worry about moving a small stone? Or doubting your ability to  
899 do such. What did Jesus say? He gave each and every man in this  
900 present age the key; if you wish to move a mountain, know that you  
901 can do it and it will be moved.

*Gemstones was discussed on 86-09-14, the 142nd Trance.  
The word "gemstone" was first found on page 2317, line 56.*

32 \*\*\*: That anticipates my next question and that is, whether there  
33 is indeed value to possessing a crystal?

34

35 C: All gemstones or stones have a value to the human body; they  
36 emanate certain magnetic fields or electronic fields or  
37 electromagnetic fields that are beneficial to a physical body.

38

39 \*\*\*: I don't want you, Council, to repeat yourself. I am  
40 wondering if you have not spoken of quartz crystals before if you  
41 could give us a few thoughts, a few sentences at this time. Would  
42 that be appropriate?

43

44 C: We will limit what we have to say about them. We would prefer  
45 not to, how shall we put it, if we are conservative in what we say,  
46 then there is less opportunity for fanaticism to crop up. Do you  
47 understand?

48

49 \*\*\*: Yes.

50

51 C: Quartz crystals, now quartz crystals, the clear type, the true  
52 quartz crystal, which is similar to the appearance of a diamond,  
53 not nearly as clear, but it does have a glass appearance to it;  
54 these will emanate a vibration that can help to, as a general  
55 healing aid, in this way or in this manner, it emanates an energy  
56 that is attuned to the body so that by using such a gemstone, it  
57 can add a little more vitality or energy to the body. When one is  
58 particularly tired, possession of such a stone, rubbed in the hands  
59 or held in the hands or rubbed across the forehead, can add a  
60 degree of energy or vitality. With an individual who has been  
61 ailing and is somewhat weakened, the stone can also add energy as

62 far as that goes so that the body has a little more vitality to it  
63 than it would in its normal state. In some individuals, if they  
64 are of right mind, it can also influence higher thought or more,  
65 shall we say, etheric thought or thought that has less to do with  
66 the material desires of man's nature.

67 With an individual who would be hyperactive, we would not  
68 recommend the constant carrying of such a stone. For that type of  
69 individual such a stone should only be used if the physical body is  
70 ailing. Is that sufficient?

71

72 \*\*\*: That is very helpful, thank you.

73

74 \*\*\*: Just to clarify, you said "hyperactive." Do you mean that  
75 word literally and that does not take in hypertensive?

76

77 C: Hyperactive children in particular are what we were referring  
78 to. That tendency goes into adulthood. An individual who may be  
79 under a great deal of strain or stress, we would not suggest the  
80 use of that stone.

81

82 \*\*\*: May I ask if there would be another stone that would be  
83 beneficial for the high-strung individual who would be under  
84 stress?

85

86 C: Do you see what this leads to?

87

88 \*\*\*: Yes.

89

90 C: For a person under a great deal of stress or tension, what is  
91 normally referred to as a moonstone or a white quartz. It often  
92 resembles, when polished, a translucent egg shell color or in some  
93 cases it can be a much whiter or pearl color. The common moonstone  
94 that children find in general quarries would be this particular  
95 type of stone we are referring to. In its unpolished state, it is  
96 a dull chalky white. In its polished state, it can have what

97 appears to be fractures in it that would give a certain degree of  
98 translucent or opalescent color to it. Maintaining that on the  
99 body will bring some soothing effects to an individual. Playing  
100 with it or rubbing it in the hands, toying with it, will also  
101 increase that effect. Rubbed across the forehead and in the back  
102 of the head at the base of the skull at the top of the neck, the  
103 stone rubbed across that area, from left to right or right to left  
104 as opposed to up and down, will also add some soothing effects.  
105 In regards to what we refer to as the common moonstone or cloudy  
106 quartz or white quartz, they go by a number of different names, it  
107 should, when used as a tension reliever or a calmer of stress, it  
108 should be in its polished state, as opposed to its natural state.  
109 Very well.

110

111\*\*\*: Thank you.

*Gemstones was discussed on 88-05-14, the 155<sup>th</sup> Trance.  
The word “gems” was first found on page 2571, line 844.*

814 \*\*\*: Is there any positive usage in quartz crystals as a meditative  
815 tool?

816

817 C: Again, this is more of a placebo effect, although in a situation  
818 like that there is the element for a more fertile or positive ground  
819 to be established in that a quartz crystal is actually a form of an  
820 amplifier. It generates its own field of energy, and if that field  
821 of energy is brought in contact with the physical body and the thought  
822 processes are part of that physical body, for some individuals it may  
823 increase the potency of the meditation or it may increase the effects  
824 of the meditation. This depends a lot or mainly, shall we say, on the  
825 individual's feelings and true beliefs about such things as quartz  
826 crystals. But to relegate their properties only to a specific or  
827 short or limited field does them an injustice. If you realize that  
828 everything has a vibratory field or rate and that field can be  
829 utilized in certain situations, if you are willing to accept that,  
830 then you realize that a quartz crystal has its own field. Realizing  
831 that the quartz crystal is a somewhat more unique element or stone or  
832 what have you than some of the others, it can act as an amplifier.  
833 If your thoughts lie on the physical repair of the body in meditation,  
834 then this by putting it in proximity of the body or on the body or  
835 what have you can help to intensify the meditation or make the  
836 meditation more powerful or potent. Do you understand?

837

838 \*\*\*: Yes. That brings up another question. Are quartz crystals more  
839 helpful in healing than some of the other stones?

840

841 C: The quartz crystal is probably all around the more productive of  
842 the stones. It is a specific generator or let us say, it specifically  
843 generates a field of energy, where we cannot say that with that

844 intensity when it comes to other gems or stones. If you were to have  
845 a choice of only one stone, we would suggest that the overall stone  
846 would be a quartz crystal. If you had your choice of two stones, then  
847 we would suggest the quartz crystal and the lapis.

848

849 \*\*\*: Is there a specific way to pick out a crystal that is going to  
850 work for you?

851

852 C: Yes. Simply touch it and see what your feelings are. That is  
853 the best way. If you feel, when you touch a stone, that it has  
854 something that it is offering you, then that affirms it, that makes  
855 it so. Does that answer the question?

856

857 \*\*\*: Yes, thank you.

858

859 C: It can be or it is possible that, say you were to take a dozen  
860 different quartz crystals. You may touch all twelve of them and feel  
861 nothing, yet all twelve of them have a field or an energy field that  
862 they are emanating, and just because you cannot feel it does not mean  
863 it does not exist. The size is probably the biggest factor. It only  
864 stands to reason that the larger the stone and the clearer the stone,  
865 the more potent it will be. Now, when it comes to smaller stones, do  
866 not worry about the clarity of the stone, but worry more about what  
867 you feel from them. The clarity is influential only to the degree that  
868 it would focus its energy in a narrower range or in a more direct  
869 line. Those crystals that are cloudy or have feathers in them or what  
870 some refer to as impurities will have the same influence as a clear  
871 stone of equal weight or size. The difference is, those with the  
872 impurities or the flaws or the feathers in, their energy field is not  
873 directed. It emanates in a more general pattern. For an  
874 individual's purpose, general use, it makes no difference. If you  
875 were to attempt to use a quartz crystal for a specific purpose,  
876 whatever that may be, it may be more advisable then to get one that is  
877 clear. Has that answered the question?

878

879 \*\*\*: It answers that one and brings up another one.

880

881 C: Very well.

882

883 \*\*\*: Is it more important to have a double terminated crystal for  
884 the energy to flow both in and out?

885

886 C: No, no. The energy is there period. By the very nature of the  
887 crystal, it is there. The energy that is enhanced, how can we put it  
888 so it would be understandable, energy flows into and through the  
889 crystal. It does not have an entrance point and an exit point,  
890 although, as we said, a clear crystal will have a more narrow field  
891 of energy. One may look at it in this term, a clear crystal will have  
892 an oval field where one that is not as clear will have a circular  
893 field of energy. Do you see the difference?

894

895 \*\*\*: Yes.

896

897 C: But there is no entrance or exit of any energy. It flows through  
898 the entire crystal. That concept does not agree with what some people  
899 feel, but that is their problem.

900

901 \*\*\*: One more question. Cleaning your crystals. Do they need to be  
902 cleansed?

903

904 C: Well, if you drop it in a mud puddle, rinse it off with water.

905

906 (Laughter)

907

908 C: Now, we made that statement not for the humor, although we hoped  
909 that there would be some humor appreciated.

910 There is no such thing as cleaning any sort of gemstone or stone.

911 By nature they are clean; they are neutral; they are pure. It is what  
912 an individual attempts to do with it that may in some people's mind  
913 cause it to be negative or dirty, but the real cleaning should

914 come with the person who attempted to use such things in such a  
915 manner. Those items, gemstones, what have you, are not negative; they  
916 are not positive. They have a specific purpose, and if you use them  
917 as they are supposed to be used, you will gain from it. If you try  
918 to corrupt it, you will corrupt yourself. Do you understand what we  
919 are saying?

920

921 \*\*\*: Yes, thank you.

922

923 C: Save your energies as far as trying to clean or cancel out a  
924 stone. You cannot do it because it is the stone itself. Very well.

925

926 \*\*\*: Thank you.

927

928 C: You are most welcome.

929

930 \*\*\*: I was also going to ask about the cleaning, but some of the  
931 books I have read say that you should have one crystal for this and  
932 one crystal for that. Isn't it possible just to have one crystal to  
933 be used for all purposes?

934

935 C: Yes. It would not be a very commercial field if you could have  
936 one crystal that served all purposes. Now, each stone can and does  
937 offer specific properties. But as we said, if there was just one  
938 stone or precious stone that you would pick or should pick, it would  
939 be the quartz crystal. Does that answer the question?

940

941 \*\*\*: Yes. Thank you. I appreciate it.

942

943 C: You must remember, man will always try to commercialize on  
944 anything and everything. And it is the wise man who sees through that  
945 fallacy very quickly, and, of course, "wise man" means wise women,  
946 too. So, do not be fooled by all that you read and hear. Use a  
947 little common sense. Look at it this way: A stone is a stone. No  
948 matter what you do to it, it is still a stone. No matter what its

949 properties are, it is still a stone. And if the property offers good  
950 health or a supplement to good health, then it is going to do that.  
951 And if you have one that offers good health or properties or amplifies  
952 good health and you have another one that amplifies good health and  
953 a good mind, aren't they really connected, when you stop to think  
954 about it? So, if you want to be very particular, then pick the stone  
955 that offers good mind and good health; then you are covering both  
956 ends. But if you pick the stone that offers good health, in order to  
957 have good health, you have to have a good mind. So, it is six of one  
958 and half a dozen of the other. That is why we had suggested that the  
959 quartz crystal is probably the most universal of all the crystals as  
960 far as helping. It helps physically; it helps spiritually; and it  
961 helps emotionally. And if you have help on three areas, what more do  
962 you need? If you have help just spiritually, it will take care of the  
963 other two areas. If it helps spiritually and emotionally, then you  
964 certainly know the physical end will improve. If it were just to help  
965 from the physical end, before the physical end can improve the  
966 emotional end has to improve, and before the emotional end improves,  
967 the spiritual has to improve. So you see, they are all connected.  
968 Does that answer the question?

969

970 \*\*\*: Yes, thank you very much.

971

972 C: You are most welcome.

973

974 \*\*\*: I don't know if I can make this clear or not. Technically, how  
975 does this energy or vibration from rocks work? That makes one  
976 different from the other?

977

978 C: It is a part of creation! Why is it that you have a field, an  
979 energy field? Because you are made up of the elements, and every  
980 element is really, when torn down to its basic essential, is a form  
981 of electricity. So is the stone. And depending on what elements  
982 constitute that stone depends on the field or energy field that  
983 emanates from it. Do you understand?

984

985 \*\*\*: Yes, so far. Accepting the fact of the quartz crystal as the  
986 best combination, as far as stones go, is there anything else in  
987 creation like oak wood as opposed to pine? I am just trying to get  
988 a grasp on how this all works.

989

990 C: Well, when you talk about wood, you are talking about a life  
991 force, and a life force or something that is actually living and  
992 growing in the same sense that the physical body does or at some  
993 commonality there, that is a different situation altogether. You see,  
994 stones or gems, they come into being in an entirely different way.  
995 It is energy and pressure and force and power that creates them. It  
996 is erosion and transferences of elements that create them. Where  
997 something such as wood is created, well, for a simple remark, from a  
998 homogenized or homogeneous process or base line. Do you understand?

999

1000 \*\*\*: Not the last part.

1001

1002 C: With the stones or what have you, you have a more unique form of  
1003 creation or it is more, the elements there are more unique or  
1004 isolated. Where you as a living being contain a far greater  
1005 collection of elements, the same as anything that is living, whether  
1006 it be a tree or an animal or a flower or what have you. There is a  
1007 greater composition there, a greater need for a baseline of a  
1008 homogeneous state or condition for development or growth.

1009

1010 \*\*\*: I guess some Indians used to believe or still do that they could  
1011 hug a tree and get energy that way.

1012

1013 C: Well, certainly, everything has a field of energy, and all living  
1014 things are quite capable of transferring healthy, productive energy  
1015 to each other. If a stone can do it, certainly anything living can.  
1016 Now, what interpretation you put on that tree or that flower as to the  
1017 spirit and the energy that makes it truer to what is as opposed to  
1018 something commercial. Do you understand?

1019

1020 \*\*\*: I think so.

1021

1022 C: If you think that tree has a unique spirit, such as you do, or  
1023 there is a life that is unique such as yours in that tree, then you  
1024 have been reading too many fairy tales. But if you realize that there  
1025 is a life in that tree that is part of all of creation, and that life,  
1026 that spirit, that force, can add to your own living spirit and force,  
1027 if you think that you wish to transfer energy by hugging a tree, by  
1028 all means do it. But simply leaning up against the tree or coming  
1029 within the field of that tree, the energy field of that tree, would  
1030 do as much. Now, if you want to take that even a step further by  
1031 hugging the tree, and we hesitate really going into this in too much  
1032 detail, you are making a more direct contact and transference, and  
1033 since that tree is alive, yet not alive in the same way you are, there  
1034 is a change or an exchange of life forces that is far more unique and  
1035 far more positive and beneficial than one might suspect. Since all  
1036 vegetation is living, when you show a good feeling to a tree or to a  
1037 flower, you are revitalizing its life, just as it is revitalizing you.

1038 Do you understand?

1039

1040 \*\*\*: Yes.

1041

1042 C: Now, to take it to an exaggerated example, (do you understand?),  
1043 this is an exaggerated example, so be cautious with what we are about  
1044 to say, instead of fertilizing a tree with proper nutrients, by  
1045 hugging it you may be able to do the same thing, since there is a  
1046 positive transfer of life forces and energy. Since the tree is alive,  
1047 your good will and your love for that tree might be enough nutrient  
1048 for that tree's life. Now, we used a very absurd example and it is  
1049 not to be taken literally, but to show you the interrelationship, we  
1050 used such an example. By all means, fertilize your plants.

1051

1052 (Laughter)

1053

1054 C: Very well.

1055

1056 \*\*\*: Well, just as we heard about cleaning the stones, now the first  
1057 thing they tell you when you get a crystal is to put it back into the  
1058 sunlight to recharge it. Now, since all the energy is already in the  
1059 stone, is this necessary?

1060

1061 C: No. The energy is in the stone. The construction of the stone  
1062 maintains that energy and there is nothing that you can do to  
1063 revitalize it, there is nothing you can do to discharge it. That  
1064 is all pure myth. If you purchase a stone and stick it in your pocket  
1065 and it never sees the light of day for the next fifty years, it is  
1066 going to generate as much power as the day you bought it. It is that  
1067 simple. The only time you should worry about washing a stone is if  
1068 you have dropped it in a mud puddle and you do not want to get your  
1069 hands dirty. It is that simple.

1070 Now, you all may do with your stones what you wish, but you are  
1071 wasting your time and you are just putting more stumbling blocks in  
1072 the productivity of such tools. It is that simple. If you feel that  
1073 you have to run to the sunlight everyday with your stone to recharge  
1074 it, it just may be someday you are going to be locked in a room  
1075 without a window and you are going to need that additional energy, and  
1076 then where are you going to be. It will not work because you have  
1077 preconditioned your state of being so that it needs to be recharged  
1078 by whatever. What happens if you were to wash the stone to get rid  
1079 of negative charges or what have you and there is no water or nothing  
1080 to wash it with and you need that positive effect of the stone? What  
1081 are you going to do? Your mental concept will block the effects or  
1082 the positiveness of that stone. It will reject it. It will not use  
1083 it.

1084 So, if you choose to put all kind of stumbling blocks in your  
1085 way, that is your choice. But the Divine has given man many  
1086 helpmates. We just cannot understand why he cannot just accept them  
1087 the way the Divine has given it to him. Your Creator is not going to  
1088 give you something that by nature should help you and that you are

1089 going to have to prop up nature and do all kind of ritualisms to make

1090 nature work for what it was intended to do. Do you understand?

1091

1092 \*\*\*: Yes, thank you.

1093

1094 C: Very well.