

Information and Inspirations - Part 2

World Wide Blog Postings and other Works

SAMPLE FILE

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(Editors Note: Most of the following are selections from our blog postings that SOL makes on a bi-weekly bases. They are picked up by other websites and translated into other languages. SOL believes that you will find these to be an excellent source of spiritual guidance.)

SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

SOL

AN INTRODUCTION TO THE COUNCIL

by

William Allen LePar

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1944. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

IMPORTANT

TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

1. PLEASE DO NOT RETAIN THESE LIBRARY FILES.
2. THIS MATERIAL IS COPYRIGHTED. KEEPING A COPY IS PROHIBITED.
3. TAKE NOTES IF YOU WISH, BUT FOR ACHIEVING THE GREATEST POTENTIAL TAKE CARE THAT THE NOTES ACCURATELY REFLECT THE INFORMATION IN ITS ORIGINAL CONTEXT.
4. WHEN FINISHED WITH THE LIBRARY FILE, PLEASE NOTIFY SOL BY EMAIL.
5. NO FURTHER LIBRARY FILES WILL BE FORWARDED UNTIL PREVIOUSLY LOANED FILES HAVE BEEN REMOVED.
6. PLEASE REQUEST ADDITIONAL FILES BY EMAIL SO THAT WE CAN REPLY QUICKLY.

DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

Reincarnation⁽¹⁾

page 31⁽²⁾

Selection # 16⁽³⁾

Reincarnation⁽⁴⁾ was discussed on 80-06-28⁽⁵⁾, the 78th Trance⁽⁶⁾.

The word "reincarnation was first found on page 1235, in line 387⁽⁷⁾.

386⁽⁸⁾

387 ***:⁽⁹⁾ Since we believe in reincarnation, and apparently have experienced death a number

388 of times, why do the majority of us fear death, and why do we not have a conscious
389 awareness of what it is like beyond the veil?

390

391 C:⁽¹⁰⁾ If you have reincarnated then evidently you have not fulfilled or let us say you
392 have not taken advantage of the opportunities available to you while in the material
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms.

The

394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

NOTES

- (1) **Title** - This is the topic of the Trance Library File.
- (2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.
- (4) **Key Word** - This is the search word used for this selection.
- (5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).
- (6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.
- (7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.
- (8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (9) **Questioner** - The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Council** - The symbol C: indicates that The Council is speaking.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

79-12-01⁽¹⁾

Life After Death - Part 2⁽²⁾
Trance #2⁽⁴⁾

page 21⁽³⁾

This trance was the second trance in the Research and Study Group series. The Trance

was attended by William LePar and (***)⁽⁵⁾, and (***)⁽⁵⁾.

1⁽⁶⁾

2 C:⁽⁷⁾ May the Peace and the Joy of the Infinite Father be upon you, and may His Light
3 shine down upon you and around you and within you.⁽⁸⁾

4

5 ***:⁽⁹⁾ Thank you. Are you ready?

6

7 C: Yes, we are ready.

8

9 ***: Would you agree with the statement that Jesus Christ came into the earth in human
10 form and is both man and God?⁽¹⁰⁾

11

12 C: Yes, we acknowledge that Jesus Christ is both man and God and that He did come
13 into the material manifestation.

NOTES

- (1) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (79-12-01).
- (2) **Title** - This is the topic of the Trance Library File. If a subject requires more than one Trance Library File, then the file is divided into **Parts**.
- (3) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (4) **Trance Number** - This is the number of the Trance within the Research and Study Group Trance series.
- (5) **Identification** - This paragraph identifies the Trance and the persons in attendance. Individuals are identified by the symbol *** to maintain confidentiality.
- (6) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (7) **Council** - The symbol **C:** indicates that The Council is speaking.
- (8) **Greeting** - The Council always opens with a greeting.
- (9) **Questioner** - The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Test of the Spirits** - As outlined in the First Letter of John this test is given at the start of each Trance.

The Bermuda Triangle was discussed on 80-82-08, the 80th Trance.

(Foreword: The Council answers to one of this planet's great mysteries – The Bermuda Triangle. Before you read on I will say now that this is a complicated subject. If you follow the link provided at the bottom of this posting you will find the rest of the information even more difficult to grasp. What we are dealing with in the Bermuda Triangle is the true nature of our reality and how it functions so that we souls can utilize this earth plane for our spiritual growth. Please do not feel as though you are not very smart if do not fully understand all of this at a conscious level. The Council says that it is impossible to fully understand this from our three dimensional perspective. Our vocabulary is simply not dynamic enough to explain the infinite to the finite mind.)

Questioner: Bill had asked questions sometime ago, and other people had the same question about the Bermuda Triangle, the area supposedly bounded by Bermuda, Miami, and the Bahamas where there have been a number of mysterious disappearances that have been reported. The question is if there are actual disappearances, could you please explain what is taking place in this area of the earth?

The Council: It is quite simple. What are you constructed of basically, or in its purest sense?

Questioner: Energy.

The Council: Very well. It is a form of electrical energy that we have referred to as the spiritual electricity. As it is manifesting in the material form, it becomes somewhat more gross, and it works then in the material form on a bio-electrical set-up. Do you understand?

Questioner: Vaguely, yes.

The Council: The currents in the body that are transmitted from the brain to other portions of the physical anatomy are done so through minute electrical currents.

Questioner: Yes.

The Council: All right. This electricity is instigated by the chemical reaction in the body; the chemical reaction or composition is instigated by the soul or the entity. Now, the soul, the entity, functions through the organ that is referred to as the brain. As the soul stimulates that organ through the chemical reactions and interreactions, then it manipulates the physical form. The soul also maintains the physical form, the soul; its spiritual essence then maintains that physical form, the spiritual essence being a spiritual electricity. Now what transpires in your Bermuda Triangle is that the electricities, the

natural electricities, or the magnetic forces of the earth and the universe, shall we say, come into collision at certain times. Those who are in the area of collision are simply "changed," to put it politely. The chemical compounds that make up the physical form are reverted back to a less solidified form of that compound. The "Bermuda Triangle" and the activity is an indication of the possible calamity that could transpire at the polar change or shift. You are dealing now with the forces of nature in their finest or purest sense in relation to the material manifestation; so that as the polar changes do occur time and reality will also undergo changes so that certain effects will appear to have happened instantaneously, wherein they will not have happened instantaneously but will have frozen in time. The Bermuda Triangle is a minor effect of this frozen in time. When the force fields are such, those individuals in those force fields are, shall we say, changed -- "frozen in time."

Making the best use of Time was discussed on 86-08-22, the 141st Trance.

Man rarely looks at the shortness of his stay in this learning place that you call "Earth," that you call "Life."

Man looks into a mirror and feels that he will always be, that he will never leave.

This is his inner self, his higher self, letting him know that he is everlasting and eternal. But his physical body is not.

It is in this use of his tool, that physical body that he grows the fastest and the most profoundly.

Use your time as if you did not have a tomorrow.

Use your time as if there were no more tomorrows for you.

Use your time as if this is all you had left.

The Council

Success in Spirituality was discussed on 98-05-09, the 187th Trance.

(Foreword: What is stated here is obvious to most of us but is worth sharing.)

The Council: In all situations, regardless of what they are, the curing balm, the healing salve, is understanding and caring. It can create a great difference and in some situations that are extremely severe, it can eliminate the worst of the possibilities at its very best. Yet it is the only thing that you as entities who are attempting to evolve spiritually have in your society today. Those people that you deal with day to day, the members of your family, close friends, those are your avenues for experiences that will allow you to exercise your true spirituality. Respect those opportunities, respect those challenges. Respect yourself and do the very best that you can. In the way the world looks at success today, success is only total success and that is not the way it is in the spiritual. True success is the constant effort, not necessarily the actual winning but the constant effort. Spirituality is easy to come by. Just show some kindness in the little things of life. Show some understanding in your day-to-day situations. Whatever commitments you have, honor them. That is the path to spirituality. Be a nice person. That is all it requires, a considerate, nice person. And respect the love that has been given to you. Respect the love that is offered to you. You have it now or today, but do you know tomorrow, it may be taken away from you because of the lack of respect you had today. Life is very lonely if there is no one that cares for you. But if there is no one that cares for you then maybe you should ask what is wrong with the choices you have made. If you love, you will be loved.

A Simple Key to Spiritual Growth was discussed on 87-09-19, the 149th Trance.

(Foreword: A simple but powerful quote from The Council.)

The only key to growth, spiritual growth, is love. The only action to spiritual growth is love. The only way or effort to spiritual growth and at-one-ment with the Divine Father is love. A simple word, yet a word that encompasses so much and so completely that even a breath from your lungs can be an act of love, and if this be the case then even your unconscious breathing can be a minister of love and healing.

Accidents was discussed on 78-05-06, the 44th Trance.

No Such Thing as Accidents

(Foreword: William LePar's spritual source, The Council, addresses accidents. Their basic premise is that there are no such things as accidents. This may be a very difficult concept to believe, especially when we have been personally involved in a tragic automobile accident where children have been seriously injured or killed. I believe that this information from them explains their thoughts in a concise manner.)

Questioner: You have stated that there are no accidents in reference to death and injuries. Please explain this in full. Could the free will of others interfere with an individual's path and cause him to choose to leave?

The Council: In rare occasions individuals can affect the path chosen by other individuals, but this is more or less, shall we say, a rare situation. This goes beyond the normal mundane existence of you all. There are no accidents, and every accident has its reason behind it even though it may not be obvious to anyone involved in it.

Questioner: My friend has asked if it would be permissible to give the answer to this question to her son who was just involved in a fatal accident.

The Council: Yes. In this case then, maybe we might elaborate if you wish.

Questioner: Please do.

The Council: There are times when accidents occur for reasons that are not brought to the conscious mind. In some situations individuals are instrumental in the crossing over of another individual so as to bring a greater understanding and awareness to not only themselves, but the individual that may have crossed over and to all those that are in relationship to that, shall we say, situation. One of the more important factors, if one should find themselves involved in such a thing, is to attempt to get an understanding of one's responsibility in the situation. Even though an individual may be totally responsible for the accident or for a death, nothing can be gained if that individual sits in remorse constantly but should learn from such experiences the value of life and in particularly their life. One should learn respect from such things for themselves and for all others; respect for the soul or the spirit and respect for the physical body, because it is through the physical body that the soul learns and grows and each have that responsibility to care for that physical body, to keep it safe, and to keep it clean and free from anything that would hamper its proper growth, its proper thinking abilities, and its proper attitudes. If such a situation occurs where one finds himself responsible for the crossing over of another, that is a situation one must learn to live with and grow through that experience and not let it be, shall we say, a deterrent to growth. At times there are

those individuals who can grow tremendously from such an experience, and they should be thankful for that opportunity. There is always the opportunity to correct and make amends for things that were not handled right or done properly, even in such situations where one may be responsible for the transition of another.

Questioner: Yes. In other words, both entities involved agreed to the situation the time it transpired?

The Council: In most cases, yes. Mainly there is a lesson to be learned by those who remain, and the experience is for good and for benefit of all involved providing the understanding has been acquired. If not, then it was for no good reason.